

**SAILING INSTRUCTIONS**  
**Yale Women's Team Race**  
**April 4-5, 2025**

**1. RULES**

1.1. This regatta will be governed by the current Racing Rules of Sailing , the ICSA Procedural Rules, and the Class Rules for Intercollegiate Sailing Competition, except as any of these are modified by these Sailing Instructions.

1.2. All Races will be umpired. RRS D2 will apply as modified by the Procedural Rules.

1.3 All results shall carry forward through all completed Stages or Rounds.

1.4. A minimum of 80% of one Round Robin of all teams competing shall be required to constitute a regatta.

1.5. The initial round robin of all teams must be 100% complete before any subsequent rounds may begin.

1.6. RRS D4.3(b) is deleted.

1.7. If a round robin other than the initial round is terminated when fewer than 100% of its scheduled races have been complete, its results shall not be included except as provided in PR 25(b), PR 25(c) and SI 1.8.

1.8. Races from incomplete round robins may be used as races in a subsequent round or as tie-breakers.

**2. NOTICES TO COMPETITORS**

2.1. Notices will be posted to the notice board on Techscore.

**3. CHANGES IN SAILING INSTRUCTIONS**

3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

**4. SCHEDULE OF EVENTS**

**Saturday, April 4**

Report Time 11:00

Coaches Meeting 11:15

First Warning TBD

No Starting After 1700

**5. FORMAT**

5.1. The preferred format for the regatta will be 3 round robins of all teams

5.2. Any changes to this format will be in accordance with PR 25(f), except as changed by SI

5.2.1. PR 25(f) is changed to: When conditions make the announced format unmanageable, the ICSA Rep, Regatta Chairman, and Chief Umpire may alter the format to ensure an equitable determination of the winner.

## **6. BOATS AND EQUIPMENT**

- 6.1. 2022 Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee boat on the water.

## **7. ROTATION**

- 7.1. Boat Rotation will be on techscore. Teams will stay in the same boats all day.

## **8. MARKS**

- 8.1. Rounding marks will be orange/pink buoys.
- 8.2. The start line will be between a staff displaying a flag on the Race Committee Start Boat and a pink or orange buoy at the port end (start mark).
- 8.3. The finish line will be between a staff displaying a flag on the finish boat and an orange buoy at the port end.

## **9. COURSE**

- 9.1. The course will be a Digital N.

## **10. STARTING SYSTEM**

- 10.1. Races will be started in accordance with PR 18(b)(i).
- 10.2. The Race Committee may opt to use a rolling starting system; that is a system where the warning signal for a subsequent race is the starting signal for the previous race.

## **11. PROTESTS**

- 11.1. Protests shall be initiated in accordance with RRS D2 as modified by Procedural Rule 25.

## **12. BREAKDOWNS**

- 12.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.13.

## **13. SCORING**

- 13.1. RRS D3 and D4 shall be used, as modified by PR 25 and these Sailing Instructions.

- 13.2. Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

## **14. SAFETY**

- 14.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

14.2. Starts will not be delayed to accommodate capsized boats.

14.3 All competitors may be required to wear drysuits with functional seals or a wetsuit which covers the full legs and torso. This rule might be rescinded by the PRO at times during the event.

## **15. COACHING**

15.1. Coaches will be on land or on water.