

# **Tulane Women's Team Race Hosted by Tulane University April 3-4, 2026 Sailing Instructions**

## **1. RULES**

- 1.1 These regattas will be governed by the current version of the Racing Rules of Sailing (2025-2028), including Appendix D for the Team Race Championships, the ICSA Procedural Rules (2021-2024), and the ICSA Collegiate Dinghy Class Rules, except as any of these are modified by these sailing instructions.
- 1.2 US Sailing prescriptions for RRS 63 are deleted
- 1.3 All Races will be umpired

## **2. NOTICES TO COMPETITORS**

Notices will be posted on the official regatta notice board located online on Techscore.

## **3. CHANGES IN SAILING INSTRUCTIONS**

Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

## **4. SCHEDULE OF EVENTS**

### **Friday, April 3**

- 1400 Report Time
- 1415 Coach/Team Rep Meeting
- 1500 First Warning
- 1900 No Start after this time

### **Saturday, April 4**

- 0900 Report Time
- 1000 First Warning
- 1500 No Start after this time

## **5. FORMAT**

- 5.1 The intended format is 5 Round Robins. Teams will sail in FJs on Friday and 420Es on Saturday. Teams will remain in the same boats throughout.
- 5.2 ICSA Procedural rules to apply for breaking ties, and scores shall carry forward from each round.

## **6. BOATS & EQUIPMENT**

- 6.1 Zim 420Es and FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2 The standing rigging shall not be adjusted.  
  
The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.3 Competitors shall report all damage or loss of equipment, however slight, to the dock/Finish Boat immediately after finishing or to the Race Committee Signal Boat on the water.
- 6.4 Breakdowns will be decided using PR 23, and RRS Appendix D (as necessary). Breakdown consideration will not be given for the failure of knots (except at the head of the main when it was determined there was not an opportunity to check it), or loss of cotter pins and rings.

## **7. ROTATION**

- 7.1 The rotation of boats will be in accordance with the rotation listed on Techscore.

## **8. RACING AREA**

The intended racing area will be immediately North of Breakwater Point.

## **9. MARKS**

Marks will be as described in the course Diagram for a Digital N.

## **10. COURSES**

- 10.1 The Course will be the standard ICSA Starboard Digital N for Team Racing
- 10.2 The starting and finishing lines will be between a staff from which an Orange flag is displayed and the course side of a Yellow ball.

## **11. STARTING SYSTEM**

Races will be started in accordance with PR 18(b)(i).

## **12 PROTESTS**

Protests shall be initiated in accordance with RRS D2 as modified by Procedural Rule 25.

## **13. BREAKDOWNS**

13.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an

umpire or the race committee to that effect at the first reasonable opportunity after the breakdown,

until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.

## **14. SCORING**

14.1. RRS D3 and D4 shall be used, as modified by PR 25 and these Sailing Instructions.

14.2. Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

## **15. Drones**

15.1 Drones may be used, however all Federal and Local laws/rules must be followed.

## **16. SAFETY**

16.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

16.2 Starts may not be delayed to accommodate capsized boats

16.3 If in the opinion of a Race Official it is in the best interests for the safety of competitors or equipment that a boat is in need of outside assistance, that boat will be required to accept that assistance and be scored DNF for that race.

## **17. Coaching**

PR 19 shall apply

## **18 OTHER IMPORTANT INFORMATION**

Tulane Sailing operates out of Community Sailing New Orleans. Under no circumstances are competitors or coaches permitted to be inside Southern Yacht Club while the regattas are taking place . Any questions about spectating or where teams can be should be directed to the Tulane Coach. Violation of this policy is subject to the same discretionary penalty as SI 7.