



2026 Staake Trophy Team Race

Boston University Sailing Pavilion
March 21, 2026

Sailing Instructions

1 RULES

- 1.1 This regatta will be governed by the current Racing Rules of Sailing (2025-2028), including Appendix D; the ICSA Procedural Rules (PR) and Current Class Rules for Intercollegiate Sailing Competition; except as any of these are modified by these sailing instructions.
- 1.2. RRS D1.1(d) is in effect.
- 1.3. RRS D2 will apply for all races as modified by the ICSA Procedural and Collegiate Dinghy Class Rules.
- 1.4. In accordance with RRS D4.3(c), results from previous round robin stages shall carry forward.
- 1.5. Any questions regarding these SIs should be submitted in writing to the Regatta Chair Carter Brock (cbrock@bu.edu).

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on Techscore.

3 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Any changes to the sailing instructions will be announced orally and posted before the first race in which they take effect.

4 SCHEDULE

5.1 Saturday

Report Time: 1030
Competitors' Meeting: 1040
First Warning Signal: 1110
No start after: 1800

Sunday (if necessary)

Report Time: 0930
Competitors' Meeting: 0940
First Warning Signal: 1010
No start after: 1500

5 FORMAT

5.1 Stage 1 - A double round robin of all 6 teams sailed concurrently such that two teams will race each other twice in a row before rotating. Stage 2 - A round robin of the top 4 teams from Stage 1.

5.2 If it is likely that Stage 1 from 5.1 cannot be completed, the format may be changed to a single round robin of all 6 teams.

6 BOATS

6.1. 2022 Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2. The standing rigging shall not be adjusted.

6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Finish Boat on the water and to the Regatta Chair on shore.

7 RACING AREA

7.1 All races will take place on the Charles River between the Mass Ave and Boston University Bridges.

8 ROTATIONS

8.1 All boat rotations will take place on the BU Competition Dock located approximately ½ mile east of the Sailing Pavilion.

8.2 The rotation of boats will be in accordance with the online rotation.

9 COURSES

9.1 The course will be a Digital N.

10 MARKS

10.1 The starting line will be between a staff on the RC Boat and the course side of a colored buoy.

10.2 All turning marks will be orange.

10.1 The finish line will be between a staff on the Finish Boat and the course side of a colored buoy.

11 STARTING SYSTEM

11.1 Races will be started in accordance with PR 18(b)(i).

12 REQUESTS FOR REDRESS

12.1 Requests for redress shall be filed with the scorer within 15 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.

12.2 Forms will be available from the sailing pavilion.

13 PROTESTS

13.1 Protests from races sailed without umpires or requests for redress/breakdown must be filed during the first rotation ashore following the race in question.

13.2 Protests will be heard as soon as possible.

14 SCORING

14.1 RRS D3 and D4 shall be used, as modified by PR 25 and these Sailing Instructions.

14.2 Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

15 SAFETY

15.1 Competitors who require assistance from rescue boats should signify by waving their arms overhead. A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.

15.2 Starts will not be delayed accommodating capsized boats.

15.3 At the discretion of the PRO, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board at any time during the competition.

16 COACHING

16.1 All coaching will take place from the BU Competition Docks or the Esplanade Shoreline.

16.2 PR 19 will apply.

16.3 Drones are flown at the sole risk and responsibility of the operator in accordance with applicable laws governing drone use. BU grants no permission to fly drones and assumes no responsibility for your actions.

16 NEISA REP

16.1 A NEISA Rep will be appointed by the host to pass along all, or not pass along, comments to the regatta chair.