



SALVE TEAM RACE INVITE

HOSTED BY SALVE REGINA UNIVERSITY,

MARCH 7, 2026

SAILING INSTRUCTIONS

1. RULES

This regatta will be governed by the Racing Rules of Sailing, including Appendix D, the prescriptions of US SAILING; the Procedural Rules and Class Rules for Intercollegiate Sailing Competition, except as modified by these instructions.

2. NOTICES TO COMPETITORS

Notices to competitors, including boat rotations, will be posted on the Official Regatta Notice board on Techscore.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any changes in the Sailing Instructions will be announced orally and posted prior to the first race in which they will take effect.

4. SCHEDULE OF EVENTS

Saturday, March 7th, 2026

Report Time: 10:30

Competitors Meeting: 10:45

First Warning: ASAP Following Competitors Meeting

No Warning Signal After: 17:40

5. FORMAT

5.1 The 8 teams will sail a single Round-Robin. If time allows, a final four will be sailed.

5.2 If the above formats are not possible in the allotted time, the PRO will announce the best course of action orally.

5.3 PR 25(a) will apply, a minimum of 80% of one round-robin (Round Robin 1) will constitute a regatta.

5.4 The Race Committee reserves the right to end racing at any time for safety concerns.

6. BOATS AND EQUIPMENT

6.1 2014 LP FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.

6.2 The standing rigging shall not be adjusted.

6.3 Mainsheet may be rigged with a 3:1 or 4:1 purchase.

6.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.

6.5 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

6.6 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.

7. RACING AREA

Racing will be held in Brenton Cove on Narragansett Bay.

8. THE COURSE

8.1 The course will be the Digital N.

8.2 Marks: The marks will be orange balls, the start line will be between an orange flag and orange ball, and the finish line will be between a burgee and orange ball.

9. START/FINISH

9.1 Races will be started in accordance with RRS Appendix S – Sound Signal Starting System.

9.2 The starting line will be between the course side of a staff displaying an orange flag and the course side of the starting pin.

9.3 The finish line will be between the course side of a staff displaying an orange flag and the course side of a nearby mark.

9.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

10. INDIVIDUAL RECALLS

Individual Recalls will be signaled in accordance with ICSA Procedural Rule 18(b)(ii).

11. CHANGES OF COURSE AFTER THE START

Any mark of the course may be moved in accordance with PR 13(b)(ii).

12. PROTESTS

A protesting boat shall notify both the finish boat and the protested boat in accordance with PR 29(a) and 29(b). Protest forms must be filled out in accordance with RRS 61.2 and given to the PRO, Salve Coaches, NEISA Rep or members of the Salve Sailing Team. The time limit for filling out protest forms will be 15 minutes after the last boat hits the dock at any major break.

However, the jury, composed of at least two uninterested coaches, may apply ICSA Procedural Rule Appendix G at any hearing.

13. SCORING

RRS D3 and D4 shall be used, as modified by ICSA Procedural Rule 25. Breakdowns will be scored in accordance with RRS D.5 as changed by ICSA Procedurals Rule 23.

14. ABANDONMENT

After the Starting Signal, the race committee may abandon the race as appropriate for any reason directly affecting the safety or fairness of the competition. The competitors will be notified verbally from the race committee. (This changes RRS 32).

15. COACHING

In accordance with PR 19, all coaching will be from land or the docks of the Sail Newport, unless a coach is assisting on the running of the regatta from the water.

16. SAFETY

16.1 A boat requesting assistance from support boats should signal by continuously waving hands overhead.

16.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'

16.3 A boat that retires is asked to notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.

16.4 Drysuits or wetsuits of at least 5mm thickness are required. The organizing authority (host) will not allow sailors without them.

17. DRONES

17.1 Launching or landing drones at Fort Adams State Park is strictly prohibited without, or in violation of, a Special Use Permit issued by the Rhode Island Department of Environmental Management (DEM).

17.2 Use of drones launched/landed elsewhere is entirely at your own risk and responsibility. Neither Salve Regina University nor Sail Newport grant permission and accept no responsibility for drone usage.

18. VENUE (see map on ONB)

18.1 60 Fort Adams Drive is under construction and closed to all sailors. Sails are available in the Wallace building. All other equipment on the dinghy docks.

18.2 All teams must park in the upper lot (see map on notice board). There is ABSOLUTELY NO PARKING in any other areas. Teams may drop sailors off and return vehicles to the upper lot.

18.3 Bathrooms are available on the ground floor at 72 FAD will be open all day, each day, accessed from outside, under the deck on the north side of the building.

18.4 Changing rooms/showers are available at 72 FAD, these can only be accessed through the lobby on the ground floor of the building. (And you cannot get from the bathrooms to the changing rooms and vice versa).

18.5 Teams are welcome to use the deck and crane pier of 72FAD for spectating. After thumb yachting ends for the day, we will rotate from the crane docks.

18.6 Wi-Fi: SN Guest, PW: TrySailing