



SAISA Women's Top 9
Mar. 28-29, 2026
HOST: University of Miami
VENUE: U.S. Sailing Center, 2476 S. Bayshore Dr.,
Miami, FL 33133



SAILING INSTRUCTIONS

1. RULES

1.1 This regatta will be governed by the current Racing Rules of Sailing 2025-2028 (RRS), the ICSA Procedural Rules (PR) for Intercollegiate Sailing Competition 2025-2028, and the SAISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.

2. NOTICES TO COMPETITORS

2.1 Notices will be posted electronically on the Tech Score Notice Board, with any updates being posted on the regatta notice board located on the 1st floor breezeway of the U.S. Sailing Center.

3. CHANGES IN SAILING INSTRUCTIONS

3.1 Any changes in the sailing instructions will be announced orally and, when possible, posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS:

Saturday, Mar. 28:

0900 Report Time

0930 Competitors Meeting

1000 First Warning Signal

Sunday, Mar. 29:

0900 Report Time

0930 Competitors Meeting

1000 First Warning Signal

No races to be started after 1500.

5. FORMAT

5.1 The event will be sailed in FJ's.

5.2 There will be 2 or 3 races per set, with sailors swapping boats on the water unless the fleet is sent in for a break.

5.3 A and B divisions will sail together in a combined fleet.

5.4 The format may be changed by the PRO in consultation with the SAISA Representative if conditions warrant a change.

6. BOATS & EQUIPMENT

6.1 Eighteen FJ's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.

6.2 Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.3 The standing rigging shall not be adjusted.

6.4 The penalty for infringing instruction 6.1, 6.2, or 6.3 will be disqualification from all races sailed in contravention of those instructions.

6.5 Competitors shall report any damage or loss of equipment, however slight, to the Race Committee/Finish Boat on the water. The penalty for infringing this instruction, unless it is ruled that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

7. ROTATIONS

7.1 The rotation of boats will be in accordance with the online rotation, which is available on Tech Score.

8. MARKS

8.1 The windward mark will be a large orange cylinder. All other rounding marks will be orange/red balls.

8.2 The starting mark will be an orange ball. The starting line will be between a staff displaying an orange flag on the Race Committee start boat and the starting mark.

8.3 The finishing line will be between a staff displaying an orange flag on the Race Committee boat and the finishing mark (same as the starting line).

8.4 For upwind finishes on courses W3 and W5, the finishing line will be between the windward mark and a staff displaying a flag on the Finish boat.

9. COURSES

9.1 Courses will be posted on the Tech Score Notice Board and will be Windward/Leewards with 3, 4, or 5 legs.

10. STARTING SYSTEM

10.1 Races will be started in accordance with PR 18(b)(i).

11. RECALLS

11.1 Individual recalls will be signaled in accordance with PR 18(b)(ii).

11.2 A general recall will be used in accordance with PR 18(b)(iii). After a general recall, the Round-an-End Rule, RRS 30.1, shall apply and no signal need be given. (Changes RRS 30.1)

12. PROTESTS

12.1 Protests and redress requests shall be filed in accordance with the ICSA Procedural Rules.

12.2 Protests shall be filed within 30 minutes of securing boats to the shore after the race or set of races in which the incident occurred. Protest time limits will be posted on the Regatta Notice Board. This changes PR 30.

12.3 Protests forms will be available on the 1st floor breezeway of the USSC near the regatta notice board.

13. SAFETY

13.1 Competitors who require assistance from rescue boats should signify by waving arms overhead.

13.2 A competitor who retires from a race shall notify the Race Committee as soon as possible.

13.3 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance and the boat may be scored in position. Starts will not be delayed to accommodate capsized boats.

14. COACHING

14.1 Powerboat(s) will be provided for on-water coaching. Each team may have one coach (or one team member) on these shared coach boat(s).