



RWU Team Race
Hosted by Roger Williams University
SAILING INSTRUCTIONS
March 21, 2026



1. **Rules:** The regatta will be governed by the Racing Rules of Sailing 2025-2028 (RRS), the ICSA Procedural Rules (PR), College Dinghy Class Rules, NEISA Rules and Regulations, and these Sailing Instructions. RRS Appendix D shall be used.
2. **Notice to Competitors:** Official Notices will be posted on TechScore.
3. **Changes to the Sailing Instructions:** Any change to the sailing instructions will be announced orally and posted before the first race in which they are to take effect.
4. **Schedule of Races:** Report Time: 10:30
5. **Format:**
 - a. Many Round Robins will be sailed. Scores will carry forward.
 - i. In order to maximize races in the first two Round Robins, teams will sail double races where they race a team twice in a row. For each double race, teams may not go to the dock or change players.
 - b. If the above format is not possible within the allotted time, the PRO will announce the best course of action.
 - c. Races sailed in an incomplete round shall be used as tiebreakers.
6. **Boats:** Flying Juniors will be supplied. In the event of a breakdown, 420s may be substituted. The standing rigging shall not be adjusted.
 - a. Mainsheet may be rigged with a 3:1 or 4:1 purchase.
 - b. The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
 - c. Competitors shall report any damage or loss of equipment, however slight, to the Race Committee on the water. The penalty for infringing this instruction, unless the Protest Committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
 - d. Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Protest Committee may, but is not required to, grant redress for the failure of the main halyard masthead knot.
7. **Racing Area:** Racing will be held on the Mount Hope Bay.
8. **Courses:** Will be posted on Techscore.
9. **Marks:** The marks will be orange or white balls. The starting line will be between a staff displaying a flag on the committee boat at the starboard end of the line and an orange ball at the port end of the line. The finish line will be between two orange balls, or between a staff displaying a flag on the committee boat at the starboard end of the line and an orange ball at the port end of the line.
10. **Starts:** Races will be started in accordance with RRS Appendix U3 – Audible-Signal Racing System.
11. **Individual Recalls:** Individual Recalls will be signaled in accordance with PR 18.
12. **Protests:** A protesting boat shall notify both the finish boat and the protested boat in accordance with PR 29. Protest forms must be filled out in accordance with RRS 61.2 and given to the PRO. The time limit for filling out protest forms will be 30 minutes after the last boat hits the dock at any major break. However, the jury, comprised of uninterested coaches, may apply ICSA Procedural Rule Appendix F at any hearing.
13. **Team Race Scoring:**
 - a. RRS D3 and D4 shall be used, as modified by PR 25.
 - b. Breakdowns will be scored in accordance with RRS D.5 and PR 25.
 - c. When a boat suffers a breakdown in the racing area, she may request a score change by hailing the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing.
 - d. In the event of a tie that requires a sail-off per PR 25, races in which tied teams met in an incomplete round shall be used as the sail-off.
14. **Coaching:** PR 19 will apply. All coaches shall remain onshore.