

**Rainier Cup**  
April 25- 26, 2026  
Bellingham Bay  
Western Washington University, Whatcom Community Sailing

**SAILING INSTRUCTIONS + COURSE DIAGRAM**

1. RULES

1.1. This regatta shall be governed by the current (2025-2028) Racing Rules of Sailing (RRS), ICSA Procedural Rules (PR), ICSA Collegiate Dinghy Class Rules, the PCCSC Standing Rules, and the Notice of Race, except as modified by these Sailing Instructions.

2. NOTICES TO COMPETITORS

2.1. Notices will be posted on the techscore.

2.2. Additionally, all signals made ashore will be made from the rotation dock. In the event of an onshore postponement, the race committee will start races no less than 20 minutes after the AP flag is lowered.

3. CHANGES IN SAILING INSTRUCTIONS

3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE

<b>Saturday, April 25</b>		<b>Sunday, April 26</b>	
<b>0900</b>	Suggested Report Time	<b>0900</b>	Suggested Report Time
<b>1000</b>	Competitors' Meeting	<b>1000</b>	First Warning
<b>1045</b>	First Warning	<b>1500</b>	No starts after this time

\*Any changes to the schedule above will be directly communicated to team leaders 24 hours prior to said change.

5. BOATS & EQUIPMENT

5.1. FJs shall be used. Competitors shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

5.2. The standing rigging shall not be adjusted during a race.

5.3. Competitors shall report any damage or loss of equipment, however slight, to the host team immediately after arriving ashore or to the Race Committee on the water.

6. ROTATION

6.1. The rotation of boats will be in accordance with the provided rotation sheet on Techscore.

7. THE COURSE

7.1. The courses will be announced orally and taken from the course diagrams on the official regatta notice board.

7.2. Windward and Leeward marks are Orange round buoys. All marks shall be left to port.

7.3. The race committee may decide not to set a windward offset

7.4. See bottom of SIs for course diagram.

8. START/FINISH

- 8.1. Races will be started in accordance with PR 18(b)(i).
- 8.2. The start line will be between a staff displaying a flag on the Race Committee Start Boat, and an orange buoy.
- 8.3. The finish line will be between a staff displaying a flag on the Race Committee Finish Boat and **an orange buoy.**
- 8.4. The start/finish line is closed

9. PROTESTS

- 9.1. Protests shall be filed in accordance with the ICSA Procedural Rules with the following change. "Race Committee" in PR 29(b) is changed to "Race Committee Finish Boat."
- 9.2. Written protests, including requests for redress and breakdowns, shall be filed with the scorer within 30 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.
- 9.3. Video, data and/or photographs taken from any source shall not be used as evidence at protest hearings. This changes RRS 63.6.

10. SAFETY

- 10.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

11. COACHING

- 11.1. PR 19 will apply.

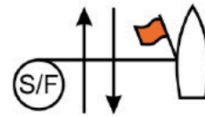
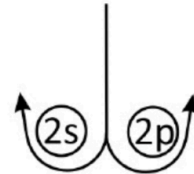
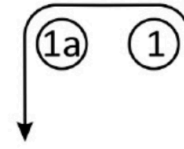
12. RIGHTS TO USE NAME AND LIKENESS

- 12.1. By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

## Course Diagram

L2: Start - 1 - 1a - 2s/p - 1 - 1a - Finish

L3: Start - 1 - 1a - 2s/p - 1 - 1a - 2s/p - 1 - 1a - Finish



M2: Start - 1 - 1a - 2s/p - Finish

M3: Start - 1 - 1a - 2s/p - 1 - 1a - 2s/p - Finish

Start/Finish line is closed

The Race Committee may decide not to have a  
Offset mark

