

## **Womens Team Race Champs**

April 10, 2026

Bellingham Bay

Western Washington University, Whatcom Community Sailing,  
University of Washington, Bellingham Yacht Club

### **SAILING INSTRUCTIONS**

#### **1. RULES**

- 1.1. This regatta will be governed by the current Racing Rules of Sailing, including Appendix D; the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2025-2028 (CDCR), and the PCCSC Standing Rules; except as any of these are modified by these sailing instructions.
- 1.2. All races will be umpired. RRS D2.6 (Limited Umpiring), as modified by the Procedural Rules, will be used.

#### **2. NOTICES TO COMPETITORS**

- 2.1. Notices will be posted on the techscore.
- 2.2. Additionally, all signals made ashore will be made from the rotation dock. In the event of an onshore postponement, the race committee will start races no less than 20 minutes after the AP flag is lowered.

#### **3. CHANGES IN SAILING INSTRUCTIONS**

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

#### **4. SCHEDULE OF EVENTS**

##### **Friday April 10th, 2026**

- 0900 Report time
- 1000 Competitor's meeting
- 1045 First warning- racing to follow
- Awards given after racing

#### **5. FORMAT**

- 5.1. Each team shall sail three (3) boats in each race
- 5.2. The format for the regatta shall be: a preliminary single round robin of all the teams followed by a double round robin of the top four teams.
- 5.3. Teams shall be ranked based on their cumulative number of wins at the conclusion of each round.
- 5.4. Teams who do not qualify for subsequent rounds shall receive a finishing position based on their cumulative number of wins at the end of the last round they complete.
- 5.5. Races scored in incomplete rounds shall not count toward a team's cumulative number of wins, except that races from incomplete rounds may be used as sail-off tie breakers when required. This changes RRS D4.2(b)
- 5.6. The Race Committee may modify the format to improve the flow of racing or in response to conditions. This may include: Repeating matchups between the same teams prior to rotating opponents, or adjusting the sequence of races to minimize boat rotations and delays
- 5.7. If time or conditions do not permit completion of section 5.2, the format shall be: a preliminary single round robin of all teams.
- 5.8. If the minimum number of races required to declare a champion (as defined by ICSA procedural rules) has not been completed by the scheduled end of racing, racing shall continue until sunset.
- 5.9. If by sunset there are still not enough races to declare a champion, the regatta will be rescheduled.

#### **6. BOATS & EQUIPMENT**

- 6.1. A fleet of eighteen (18) FJs will be used for the event.

- 6.2. FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.3. The standing rigging shall not be adjusted during races.
- 6.4. The penalty for infringing instruction 6.3 or 6.4 will be disqualification from all races sailed in contravention of those instructions.
- 6.5. Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Finish Boat on the water.

**7. ROTATION**

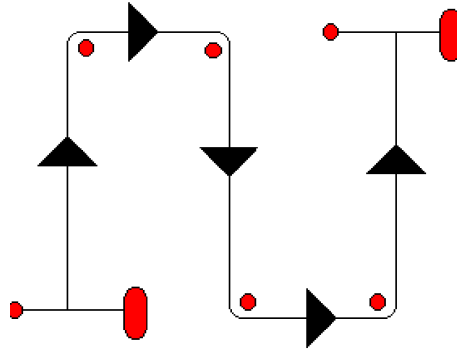
- 7.1. The rotation of boats will be in accordance with the provided rotation sheet available on Techscore. The rotation area will be the dock close to the breakwater, on the east side of Zaunich Park.

**8. MARKS**

- 8.1. Windward marks 1 and 2 will be red buoys, and leeward marks 3 and 4 will be yellow buoys.
- 8.2. The starting and finishing lines will be between a staff from which an orange flag is displayed and a nearby orange buoy.

**9. COURSE**

- 9.1. The digital N course will be used.



**10. STARTING SYSTEM**

- 10.1. Races will be started in accordance with PR 18(b)(i).

**11. RECALLS**

- 11.1. Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii).
- 11.2. A general recall will be used in accordance with PR 18(b)(iii), except that the "1 minute rule" (RRS 30.1) will not be used. (Changes PR 18(b)(iii)).

**12. Signals by an Umpire**

- 12.1. RRS D2.4 is changed to:
- 12.2. An umpire shall signal a decision with one long sound and the display of a flag as follows:
  - (a) For no penalty, a checkered green flag
  - (b) To penalize one or more boats, a red flag. The umpire shall hail or signal to identify each boat penalized.
  - (c) To report the incident to the protest committee, a yellow flag.

**13. PROTESTS**

- 13.1. Written protests, including requests for redress and breakdowns, shall be filed with the scorer within 15 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.
- 13.2. Protest forms will be available onshore underneath the tent used for check-in

**14. BREAKDOWNS**

14.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.

**15. SCORING**

15.1. RRS D3 and D4 shall be used, as modified by PR 25.

15.2. Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

**16. SAFETY**

16.1. Competitors who require assistance from rescue boats should signify so by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

16.2. Starts will not be delayed to accommodate capsized boats.

16.3. A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance and the boat will be scored 'DNF'.

**17. COACHING**

17.1. PR 19 will apply

**18. DISCLAIMER OF LIABILITY**

Participants in this event compete entirely at their own risk. The organizing authority will not accept any liability for material damage or personal injury sustained in conjunction with or prior to, during, or after the regatta.