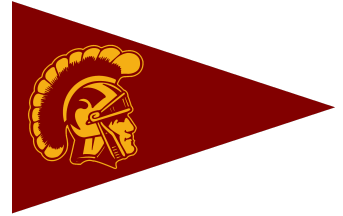




SAILING INSTRUCTIONS
PCCSC Mark Healy Open Fleet Race Championship
OA: Pacific Coast Collegiate Sailing Conference
Host: Sailing Team at USC
United States Sailing Center, Long Beach, CA
April 18-19, 2026



1. RULES

- 1.1. This regatta shall be governed by the current Racing Rules of Sailing (RRS), the ICSA Procedural Rules, ICSA Collegiate Dinghy Class Rules, and the PCCSC Standing Rules.
- 1.2. The Organizing Authority (OA) is the Pacific Coast Collegiate Sailing Conference in conjunction with the Sailing Team at USC.
- 1.3. Host Team: Sailing Team at USC
- 1.4. Permission from US Sailing to deny the right of appeal per RRS 70.3(b) has been granted under the blanket exemption for ICSA events.
- 1.5. RRS Appendix P shall be in effect. Rules P2.2, P2.3 and P5 are deleted. Rule P2.1 shall apply for the first and subsequent penalties.

2. NOTICES TO COMPETITORS

Notices to competitors and changes to the sailing instructions may be announced verbally at the rotation area or competitor meetings and may be posted on the notice board located online at <https://scores.collegesailing.org/s26/pccsc-mark-healy-open-fleet-race/>. Results will be posted as soon as possible online at <http://scores.collegesailing.org>.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SIGNALS MADE ASHORE

Signals made ashore will be displayed from a Race Committee (RC) boat near the rotation area. During an onshore postponement, boats shall not leave the dock or the beach without permission from the RC.

5. SCHEDULE

5.1 Saturday, April 18

0845 Report Time
0900 Competitor Meeting
(USSCLB Boat Yard)
0930 Tow Out to Racing
(only if racing is to occur outside)
1000 First Warning Signal

Sunday, April 19

0845 Report Time
(USSCLB Boat Yard)
0930 Tow Out to Racing
(only if racing is to occur outside)
1000 First Warning
1500 No Start Signal After (unless a regatta has not been completed in which case racing shall continue until sunset)

5.2 A maximum of 14 races in each division are scheduled.

6. ROTATIONS / BOATS

6.1 A team consists of A and B double-handed divisions (four sailors minimum).

6.2 Boats and sails are provided.

6.3 One division will be racing on the water at a time.

6.4 The rotation area will depend on conditions, decided by the PRO on Saturday morning:

- When sailing outside, rotations will occur off the ocean beach directly adjacent to the United States Sailing Center, Long Beach. CFJ's can only beach within the confines of the two buoys in the water that demarcate sailboat launching area (Claremont Ramp)
- When sailing in Alamitos Bay, rotations will occur off of beach adjacent to ABYC. **Please note ABYC is not a host of this event and their facilities, including restrooms, should not be used by any sailors or coaches.** Competitors are invited to use the bathrooms and showers at the USSCLB, or the bathrooms in the nearby parking lot next to ABYC.

6.5 Competitors shall not modify any boat or cause any boat to be modified in any way, other than the sole option of rigging the mainsheet purchase either 3:1 or 4:1

6.6 Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Finish Boat.

6.7 Any Competitor who the Race Committee finds to be in violation of Rule 6.5 or Rule 6.6 will be disqualified from all races sailed in violation of those Rules. If the Race Committee cannot determine which races were sailed in violation of those Rules, the Competitor will be disqualified from all races sailed the day the competitor was found to be in violation of those Rules.

7. RACING AREAS: The racing area will either be off Belmont Shore or within Alamitos Bay. The location for boat storage for the weekend is within the USSCLB boat yard. Boats will be towed out and back if racing occurs off Belmont shore.

8. COURSES: Courses will be chosen from 'Attachment A – Course Chart' and will be hailed before the beginning of each start sequence. Courses may also be posted on the Race Committee Signal Boat.

9. MARKS: Rounding marks will be as shown in 'Attachment A – Course Chart'.

10. THE START:

10.1 The starting line will be between a staff displaying an orange flag on the RC signal boat at the starboard end and the course side of the port-end starting mark as shown in 'Attachment A – Course Chart'. 10.2 The starting sequence shall be as described in Procedural Rule 18 (b).

10.2 Starts will not be delayed to accommodate boats not in the starting area

10.3 Starts will not be delayed due to capsized boats

11. ON COURSE SIDE (OCS): If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 64.1((b)(1).

12. CHANGE OF COURSE: Marks may be moved as necessary to maintain a course configuration or change course length, but no mark shall be moved when any boat is on the leg that it terminates. A leg of the course may not be deleted. (Changes RRS 32.2 and 33)

13. THE FINISH:

13.1 The upwind finishing line ('Fin U') will be between a staff displaying a blue flag on the RC finish boat and the course side of the port-end finishing mark as shown in 'Attachment A – Course Chart'. The RC Finish Boat

may use the windward mark as the finish pin if no other mark is in the water.

13.2 The downwind finishing line ('Fin D') will be between a staff displaying an orange flag on the RC signal boat and the course side of the finishing mark as shown in 'Attachment A – Course Chart'.

14. TIME LIMITS AND TARGET TIMES

14.1 There will be no time limit. However, the RC may choose to finish boats 'on the course' if their position in the race has been established in order to expedite the next start or rotation.

14.2 Target times for races will be as outlined in ICSA Procedural Rule 18(c)(ii).

15. PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest forms will be available at the USCCLB and at the rotation area under the USC tent.

15.2 Protesting boats must notify the RC of their intent to protest immediately following the finish of the race in which the incident occurred. They must also notify the competitor they are protesting.

15.3 Protests and request for redress must be delivered to the regatta official no later than 20 minutes after the last boat reaches the shore, after the last race of the day.

16. SCORING

16.1 Scoring shall be completed as described in the Procedural Rules.

16.2 The top 2 finishing teams will qualify for the ICSA Open Fleet Race National Championship. Teams should let the conference commissioner know they will accept the berth to the ICSA National Championship by Tuesday, April 22, 2025.

16.3 Results/Scores will be posted at <https://scores.collegesailing.org/s26/pccsc-mark-healy-open-fleet-race/>

17. RECORD OF PARTICIPATION: RP forms must be completed online on techscore by midnight on the last day of racing (<https://ts.collegesailing.org>).

18. SUPPORT BOATS, SAFETY & COACHING:

18.1 PR 19 will apply.

18.2 The host school will provide on-water support.

18.3 Competitors who require assistance from rescue or Race Committee boats should so signify by waving arms overhead.

18.4 A competitor who retires from a race shall notify the Race Committee as soon as possible.

19. RISK STATEMENT: RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform, and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

20. PHOTOGRAPHY CONSENT: Competitors accept that they may be photographed and/or videotaped participating in the races and/or using the host's facilities and they consent to taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitor's name or not, without compensation and without competitor approval of such images or any use thereof. Boats may be required to carry cameras, sound equipment or positioning equipment.