



**North Designate Regatta  
March 21st and 22nd, 2026  
University of Washington Sailing  
Team  
Sail Sand Point**



## **Sailing Instructions**

### **1. RULES**

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2025 - 2028, the Prescriptions of US Sailing, the Inter-Collegiate Sailing Association (ICSA) Procedural Rules (PR), this Notice of Race and the Sailing Instructions.
- 1.2. In case of conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will prevail. This changes RRS 63.7.

### **2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the SSP Office Door.

### **3. CHANGES TO THE SAILING INSTRUCTIONS**

These sailing instructions may be amended as necessary. Any change in the sailing instructions will be posted before 9:00 am on the day it will take effect, except that any change in the schedule of races will be posted by 7:00pm on the day before it will take effect.

### **4. RACING AREA**

Racing will take place in the area east of the SSP facility.

### **5. SCHEDULE OF EVENTS**

<b>Saturday</b>		<b>Sunday</b>	
<b>0900</b>	Team Check-In & Rigging/Launching	<b>0900</b>	Rigging / Launching
<b>1000</b>	Competitors' Meeting	<b>1000</b>	First Warning
<b>1100</b>	First Warning	<b>1500</b>	No Starts after this time

### **6. COURSES AND MARKS**

- 6.1. See Attachment for course/mark description.
- 6.2. There will be a Windward offset after mark 1 (not shown in course diagram).
- 6.3. There will be three courses: W2, W4, W6, all downwind finishes.
- 6.4. Any discrepancies between the actual marks and those in the course diagram will be addressed during the competitor's meeting.
- 6.5. The course will be announced verbally prior to the warning signal using a loud hailer.

## **7. START/FINISH**

- 7.1. Races will be started using Appendix U – Sound Signal Starting System (3min Start Sequence).
- 7.2. The start and finish line will be between a staff displaying an orange flag on the RC signal boat at the starboard end and an orange buoy at the port end.
- 7.3. Boats starting later than three (3) minutes after their starting signal will be scored as DNS.
- 7.4. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.
- 7.5. 3 races are needed to constitute a regatta.

## **8. RECALLS**

Individual recalls will be signaled in accordance with RRS rule 29.1. The Race Committee will attempt to hail the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, the hail of some but not all OCS boats, the untimely hail of some or all OCS boats or failure to hail any or all boats shall not be grounds for granting redress. This changes RRS 62.1

## **9. PROTESTS AND REQUESTS FOR REDRESS**

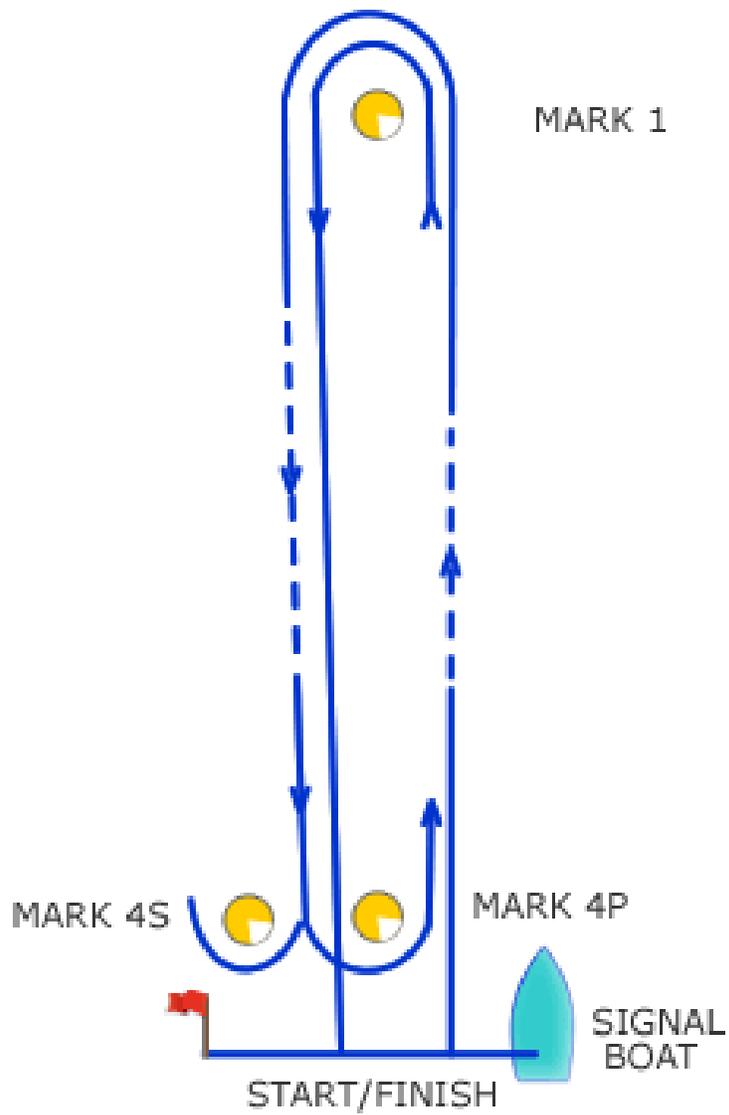
Protests shall be written on forms available at the race office and delivered to the on shore race official within 30 minutes after the race committee boat docks. The Protest time limit will be posted on the official notice board following the docking of the committee boat.

## **10. SAFETY**

- 10.1. All competitors shall wear, while on the water, other than brief periods while adding or removing clothing, a US Coast Guard or Canadian approved life jacket.
- 10.2. A boat retiring from a race shall attempt to notify a race committee vessel before leaving the course or, when that is not possible, a race official, immediately after arriving on shore.
- 10.3. The Race Committee reserves the right to send a competitor ashore if they pose a safety risk to themselves or others.

## **11. DISCLAIMER OF LIABILITY**

Competitors participate in each regatta entirely at their own risk. See rule 4, Decision to Race. The host team, university, volunteers, NWICSA, and College Sailing will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after any NWICSA regatta.



Signal	Mark Rounding Order
W2	Start - 1- offset - Finish
W4	Start - 1 - offset - 4s/4p - 1 - offset - Finish
W6	Start - 1 - offset - 4s/4p - 1- offset - 4s/4p - 1 - offset - Finish