



NEW ENGLAND DINGHY TOURNAMENT

HOSTED BY SALVE REGINA UNIVERSITY @ SAIL NEWPORT, APRIL 4-5, 2026

SAILING INSTRUCTIONS

1. RULES

This regatta shall be governed by the current Racing Rules of Sailing (RRS), ICSA Procedural Rules (PR), ICSA Collegiate Dinghy Class Rules, and the Notice of Race, except as modified by these Sailing Instructions.

2. NOTICES TO COMPETITORS

1.1 Notices to competitors, including boat rotations, will be posted on the Official Regatta Notice board found on the *Techscore*:

<https://scores.collegesailing.org/s26/new-england-dinghy-tournament/>

1.2 Communication among coaches and/or team representatives during racing will be via VHF Channel 78 and the *2026 New England Dinghy Tournament Whatsapp Group*:

https://chat.whatsapp.com/G5sXKYsW1fb1uy30oGFxC8?mode=gi_t

3. CHANGES IN SAILING INSTRUCTIONS

Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday, April 4

1030 Report time

1045 Competitors meeting in front of the *Dr. Robin Wallace Youth Sailing Center*. First Warning Signal to follow ASAP.

Sunday, April 5

0945 Report time

1015 First Warning Signal

1500 No Attention Signal after this time

5. FORMAT

5.1 The number of races scheduled per division shall equal the number of teams competing up to a 14 race maximum. There are no scheduled breaks.

5.2 The Top 2 overall finishing teams will qualify to compete for the Open NEISA Fleet Race Championship's Coast Guard Alumni Bowl hosted by Brown University on April 18-19, 2026.

6. BOATS & EQUIPMENT

6.1 FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable. 420s may be used if necessary due to any boat issues.

6.2 The standing rigging shall not be adjusted.

6.3 Mainsheet may be rigged with a 3:1 or 4:1 purchase.

6.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.

6.5 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

6.6 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.

7. ROTATION

Teams will not rotate boats. Athletes will be given a break between the two rounds, or at the race committee's discretion.

8. RACING AREA

The racing area will be in the mooring field in Brenton Cove.

9. COURSE

9.1. The courses will be a W3, W4 or W5, with an offset and leeward gate.

9.2. Rounding Marks will be Orange balls.

10. START/FINISH

10.1. Races will be started in accordance with PR 18(b)(i).

10.2. The start/downwind finish line shall be between a staff with an orange flag on the Race Committee Boat and a colored ball at the port end of the line.

10.3. In the case of a windward finish (W3, W5), the finish line shall always be between Mark 1 and the offset.

10. INDIVIDUAL RECALLS

Individual Recalls will be signaled in accordance with ICSA Procedural Rule 18(b)(ii).

11. CHANGES OF COURSE AFTER THE START

Any mark of the course may be moved in accordance with PR 13(b)(ii).

11. ABANDONMENT

Races may be abandoned at any time. This changes RRS 32.1. Abandonment shall be signaled by oral instruction.

12. PROTESTS

12.1 A protesting boat shall notify both the finish boat and the protested boat in accordance with PR 29(a) and 29(b).

12.2 Protest forms must be filled out in accordance with RRS 61.2 and given to the PRO, NEISA Rep or non-competing member of the Salve Sailing team. The time limit for filling out protest forms will be 15 minutes after the last boat hits the dock at any major break. However, the jury, composed of uninterested coaches, may apply ICSA Procedural Rule Appendix G at any hearing.

12.3 Protest forms will be available after or during racing in the front of the Wallace building.

13. SAFETY

13.1 A boat requesting assistance from support boats should signal by waving hands overhead.

13.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'

13.3 A boat that retires is asked to notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.

13.2 USCG-approved Type III PFDs shall be worn at all times while on the water except while actively adding or removing clothing.

13.4 Drysuits or wetsuits with a minimum thickness of 5mm are required. The organizing authority (host) will not allow sailors to compete without either.

14. COACHING AND COMPETITORS

PR 19 will apply. Coaching shall be from shore.

15. RULE 42 ENFORCEMENT

PR 32 shall be in effect.

16. FACILITY ACCESS AND FIELD OF PLAY

16.1 60 Fort Adams Drive is under construction and closed to all sailors. Bathrooms and changing areas can be found in 72 Fort Adams Drive.

16.2 All teams must park in the upper lot, on Monroe Drive, or on the white shells OUTSIDE THE FENCE at 60 Ft Adams Drive (see map on notice board). There is ABSOLUTELY NO PARKING in any other areas. Teams may drop sailors off and return vehicles to the upper lot.

16.3 Bathrooms are available on the ground floor at 72 FAD, which will be open all day, each day, accessed from outside, under the deck on the north side of the building.

16.4 Changing rooms/showers are available at 72 FAD. These can only be accessed through the lobby on the ground floor of the building.

16.5 Teams are welcome to use the deck/pier (NO VEHICLES ON PIER!) for spectating. There is Wi-Fi (SN Guest, PW TrySailing).

17. DRONES

17.1 Launching or landing drones at Fort Adams State Park is strictly prohibited without, or in violation of, a Special Use Permit issued by the Rhode Island Department of Environmental Management (DEM).

17.2 Use of drones launched/landed elsewhere is entirely at your own risk and responsibility. Neither Salve Regina University nor Sail Newport grants permission for, nor accepts responsibility for, drone use.