



NEISA Open Team Race Championship for the Fowle Trophy

Ted Turner '60 Sailing Pavilion/Edgewood Yacht Club

Cranston, RI

April 4-5, 2026



SAILING INSTRUCTIONS

1. RULES

1.1. This regatta will be governed by the current Racing Rules of Sailing,, Appendix D of the RRS., the Procedural Rules and Class Rules for Intercollegiate Sailing Competition, and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.

1.2. All Races will be umpired. RRS D2 will apply as modified by the Procedural Rules.

1.3 Any questions regarding these SIs should be submitted in writing to the Regatta Chairman, John Mollicone.

2. NOTICES TO COMPETITORS

2.1. Notices will be posted to the Notice Board on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday, April 4

Report Time 0930

Coaches Meeting 0940

First Warning TBD

No Warning Signal After 1800 (resails and sail-offs can go beyond 1800)

Sunday, April 5

Report Time 0930

First Warning 1000

No Warning Signal After 1630 (re-sails and sail-offs can go beyond 1630)

5. FORMAT

5.1.1. The preferred format for the regatta is as follows:

5.1.2. Round 1 - Round Robin of all 12 Teams

5.1.3. Round 2 – Round Robin of the Top 8 or 6 Teams after Round 1

5.1.4. Round 3 – Round Robin of the Top 6 or 4 Teams after Round 2

5.2.1 Our intention is to use 420s and FJs in Round 1; 420s in Round 2 and Round 3.

5.3.1 Any changes to this format will be in accordance with PR 25(f), except as changed by these SI.

5.3.2. PR 25(f) is changed to: When conditions make the announced format unmanageable, the NEISA Representative, Regatta Chairman, and Chief Umpire may alter the format to ensure an equitable determination of the winner.

6. BOATS AND EQUIPMENT

6.1. 2022 Zim 420e's and 2025 Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.

6.2. The standing rigging shall not be adjusted.

6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Boat on the water or a Brown representative onshore if discovered on the dock.

7. ROTATION

7.1. Boat Rotation will be on Techscore.

7.2 All rotations and substitutions will take place at the Brown carpeted docks of the Edgewood Yacht Club or the Edgewood Yacht Club docks.

8. MARKS

8.1. Rounding marks will be orange buoys.

8.2. The start line will be between a staff displaying a flag on the Race Committee Start Boat and a white buoy or orange tetrahedron mark at the port end (start mark).

8.3. The finish line will be between a staff displaying a flag on the finish boat and an orange buoy or orange tetrahedron mark at the port end at the port end.

9. COURSE

9.1. The course will be a Digital N (See Diagram A).

10. STARTING SYSTEM

10.1. Races will be started in accordance with PR 18(b)(i).

10.2. The Race Committee may opt to use a rolling starting system; that is a system where the warning signal for a subsequent race is the starting signal for the previous race.

11. PROTESTS

11.1. Protests shall be initiated in accordance with RRS D2 as modified by Procedural Rule 24.

12. BREAKDOWNS

12.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 24.

13. SCORING

13.1. RRS D3 and D4 shall be used, as modified by PR 25 and these Sailing Instructions.

13.2. Breakdowns will be scored in accordance with RRS D.5 as changed by PR 23.

14. SAFETY

14.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

14.2. Starts will not be delayed to accommodate capsized boats.

14.3 Drysuits with functional seals or a wetsuit which covers the full legs and torso may be required by the Regatta Chairman.

15. COACHING

15.1. Coaches will be on land.

15.2. Visiting Teams may fly a drone.

Diagram A: Digital N Course

