



Jeremy McIntyre
Team Race Regatta

Stanford University
Redwood City, CA
February 21–22, 2026



SAILING INSTRUCTIONS

SECTION 1: GENERAL RULES

- 1.1 This regatta is governed by World Sailing's Racing Rules of Sailing ("RRS"), the ICSA's Procedural Rules ("PR"), and applicable class rules ("CR"), except as modified by the Sailing Instructions ("Instructions") herein.
- 1.2 The Race Committee reserves the right to modify any of the Instructions stated herein at any time. Any changes will be timely posted on the Official Notice Board and will be announced orally before the first race in which they are to take effect.
- 1.3 Any questions regarding these Sailing Instructions should be submitted, in writing, to chris.klevan@stanford.edu no later than Wednesday February 18, 2026.

SECTION 2: NOTICE TO COMPETITORS

- 2.1 Notice will be posted on the Official Notice Board located outside the Stanford Boathouse.

SECTION 3: SCHEDULE OF EVENTS & FORMAT

- 3.1 Saturday Schedule of Events:

- 1100 Report Time
- 1130 First Warning Signal
- 1700 No Starting Signal After

- 3.2 Sunday Schedule of Events:

- 1000 Report Time
- 1030 First Warning Signal
- 1530 No Starting Signal After

- 3.3 A race that requires a re-sail as a result of a protest hearing or at the discretion of the Chief Umpire may take place outside of the prescribed Schedule of Events

- 3.4 Regatta format:

- Round 1: Round robin of all teams
- Round 2: Round robin of all teams
- Round 3: Tie-break for podium positions only, time permitting.

If we have not started Round 2 before the end of racing Saturday, round 2 will be a top 6 round robin.

- 3.5 The Race Committee may modify or add rounds at its discretion.

- 3.6 There will be no lunch break or bathroom break. You are expected to do that while rotating. Each rotation should take about 5 minutes. If you are late to the start, the start may proceed without you.

SECTION 5: BOATS & EQUIPMENT

- 5.1 Zim FJs and 420Es will be provided for all competitors.
- 5.2 Competitors shall not modify any boat or cause them to be modified in any way.
- 5.3 Competitors shall not adjust the standard rigging or cause it to be adjusted in any way.
- 5.4 Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 5.5 Any Competitor who the Race Committee finds to be in violation of Rule 5.3 or Rule 5.4 will be disqualified from all races sailed in violation of those Rules. If the Race Committee cannot determine which races were sailed in violation of those Rules, the Competitor will be disqualified from all races sailed the day the Competitor was found to be in violation of those Rules.
- 5.6 Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Finish Boat.
- 5.7 No coach boats will be provided for coaches or alternates.

SECTION 6: RACING VENUE & COURSES

- 6.1 The primary race venue will be inside Redwood Creek.
- 6.2 Secondary race venues may include the South San Francisco Bay or around Bair Island.
- 6.3 The Race Committee may change the race venue at its discretion.
- 6.3 The Race Committee will timely post all possible courses to the Official Notice Board.
- 6.4 The Race Committee will orally announce the course prior to each race.
- 6.4 The course will be a Digital N.

SECTION 7: STARTING, ROUNDING, AND FINISHING

- 7.1 Races will be started in accordance with PR 18(b)(i).
- 7.2 The starting mark will be a yellow buoy.
- 7.3 The starting line will be between the windward edge of the starting mark and the orange flag displayed on the Race Committee Start Boat.
- 7.4 All rounding marks will be orange buoys.
- 7.5 The finishing mark will be a yellow buoy.
- 7.6 The finishing line will be between the windward edge of the finishing mark and the red flag displayed on the Race Committee Finish Boat.
- 7.7 If a boat is delaying the finish of a race, the Race Committee may end the race and score the boat in its current position.

SECTION 8: RECALLS

- 8.1 Individual recalls will be signaled in accordance with the PR 18(b)(ii).
- 8.2 While the Race Committee may attempt to hail the sail number(s) of recalled boats; it is, ultimately, the responsibility of each boat to make a proper start and failure to hear a hail is insufficient cause for granting redress.
- 8.3 General recalls will be signaled in accordance to PR 18(b)(iii).

SECTION 9: PROTESTS, REDRESS, & BREAKDOWNS

- 9.1 RRS 42 (as modified by PR 32) shall apply.
- 9.2 RRS Appendix D applies as modified by PR 25.
- 9.2 Competitors shall submit protests to the Race Committee within 30 minutes of the division's arrival ashore during a lunch break or at the end of the day, whichever occurs first. This changes PR 30.

- 9.3 The Race Committee will timely post all protest hearings (including the protested boats and the time and place of the hearing) to the Official Notice Board within 30 minutes of being notified of the protest or of the Race Committee boat's arrival ashore, whichever occurs last. This shall serve as notification per RRS 63.2.
- 9.5 The documents required to submit a protest to the Race Committee can be found at https://collegesailing.org/documents/Fleet_Racing_Documents/Protest_Form.pdf

SECTION 9 | SCORING

Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

SECTION 10 | SAFETY

- 10.1 Competitors who require assistance from rescue or Race Committee boats should so signify by waving arms overhead.
- 10.2 A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 10.2 Starts will not be delayed to accommodate capsized boats.

SECTION 11 | COACHING

- 11.1 PR 19 applies.