



2026 MCCARTHY CUP REGATTA

March 7th & March 8th, 2026
Austin Yacht Club | Lake Travis
SAILING INSTRUCTIONS

1 RULES

- 1.1 This regatta will be governed by *The Racing Rules of Sailing* (2025-2029), and the ICSA Procedural Rules, except as any of these are modified by these Sailing Instructions. Appendix D shall apply.
- 1.2 All races shall be umpired.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official regatta notice board on TechScore.
- 2.2 Any changes in the Sailing Instructions will be announced orally and posted before the first race in which they are to take effect.

3 BOATS AND EQUIPMENT

- 3.1 420's will be provided for all competitors, who shall not modify any boat or cause them to be modified, though mainsheets may be rigged 3:1 or 4:1.
- 3.2 The standing rigging shall not be adjusted.
- 3.3 The penalty for infringing instruction 3.1 or 3.2 will be disqualification from all races sailed in contravention of those instructions.
- 3.4 Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Finish Boat on the water.
- 3.5 Boats will be identified by their sail number.

4 REGATTA FORMAT

- 4.1 The intended format for the regatta will be a round-robin team race with each team racing each other with 3 sets of round robins (if possible, may end up only being 2 round-robins).
- 4.2 Race Committee reserves the right to adjust the format of the regatta as needed.

5 ROTATIONS

Rotations will be performed as listed on techscore.

6 THE COURSE AND MARKS

- 6.1 The default course is the ICSA Starboard Digital N. The course diagram will be posted on the Regatta Notice Board.
- 6.2 The starting line will be between an orange flag on the RC boat and a mark indicating the port end of the line.
- 6.3 The finishing line will be between an orange flag on the finish boat and a white ball indicating the port end of the line.
- 6.4 Rounding marks will be colored balls.

7 THE START

- 7.1 Races will be started in accordance with ICSA PR(IV).
- 7.2 [NP] A boat whose warning signal has not been made shall stay clear of the starting area.

8 RECALLS

Individual recalls will be signaled in accordance with ICSA PR(IV).

9 PROTESTS AND REQUESTS FOR REDRESS

9.1 Protest procedure will be in accordance with ICSA PR(VI).

9.2 Every attempt should be made to exonerate rule infringements on the water.

9.3 Protests must be signaled on the water immediately by hailing "Protest" and the sail number of the boat being protested. Any protest must be registered with the Race Committee upon finishing the race.

9.4 Protests must be submitted within 45 minutes of the completion of the last race of the regatta.

10 SCORING

In the round robin stages, boats will be scored in accordance with RRS D3 and D4 as modified by ICSA PR 25(b-d).

11 CODE OF CONDUCT

11.1 Competitors shall comply with any reasonable request from any official.

11.2 Competitors shall handle the boats and equipment with proper care and seamanship.

12 SAFETY

12.1 All competitors must wear USCG approved PFD's when afloat.

12.2 Competitors who require assistance from rescue boats should so signify by waving arms overhead.

12.1 A boat that retires from a race shall notify the Race Committee as soon as possible.

12.3 A capsized boat may be righted and sailed by its crew unless, in the sole judgment of the Race Committee, safety or progress of the regatta would be affected, in which case the crew shall accept assistance and the boat will be scored "DNF".

13 COACHING

13.1 Coaching will be provided between rotations and on the water between races to all teams participating.

14 RISKS AND RELEASE OF LIABILITY

By participating in the event, each skipper and crew agree to sail and use the Austin Yacht Club facilities at his or her own risk. To the fullest extent permitted under Texas law, each skipper and crew unconditionally and irrevocably releases and discharges the Austin Yacht Club, its Officers, Board of Directors, agents, and all other persons who assist in maintaining equipment or in organizing and/or conducting races, from all claims and legal liability for personal injury, death, or property damage incurred in connection with the event.

15 FURTHER INFORMATION

For further information, please contact:

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