



MAISA TEAM RACE LEAGUE – KP OPEN TEAM RACE
MARCH 21st and 22nd, 2026
U.S. MERCHANT MARINE ACADEMY at KINGS POINT



1 RULES

- 1.1 This regatta will be governed by the current version of the Racing Rules of Sailing (2025-2028), including Appendix D “Team Racing Rules”, the prescriptions of US SAILING and the ICSA Procedural Rules, except as modified by these sailing instructions.
- 1.2 RRS D2 “Umpired Races” will apply for all races.
- 1.3 The U.S. Sailing prescription 63 is deleted.
- 1.4 US Sailing Prescription Part 5 Section B (a) is deleted.
- 1.5 Races from incomplete round robins may be used as races in a subsequent round.

2 NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on Techscore.

3 CHANGES IN SAILING INSTRUCTIONS

Any changes in the sailing instructions will be announced orally and posted on Techscore before the first race in which they are to take effect.

4 SCHEDULE OF EVENTS

Saturday		Sunday	
Report Time	0900	Report Time	0900
Coaches’ Meeting	0915	First Race	0945
First Race	0945	No Starting Signal After	1500

5 FORMAT

The format will be determined by the regatta chair depending on time and conditions. The following possible formats are listed in order of preference:

- (a) A single 10-team Round Robin. Followed by subsequent seeded rounds of either top 6 or top 4, as time permits.
- (b) An alternate format determined by the regatta chair

6 BOATS & EQUIPMENT

- 6.1 420’s and FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2 The standing rigging shall not be adjusted.
- 6.3 The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 Competitors shall report all damage or loss of equipment, however slight, to the Race Committee immediately after arriving on shore or to the Race Committee Finish Boat on the water.
- 6.5 Breakdowns will be decided using PR 23. Breakdown consideration will not be given for the failure of knots (except at the head of the main when it was determined there was not an opportunity to check it), or loss of cotter pins and rings.

7 RACING AREA

The racing area will be Western Long Island Sound, East of the Throggs Neck Bridge, including Little Neck and Eastchester Bays.

8 ROTATION

Rotation will be in accordance with the posted rotation in Techscore.

9 MARKS

- 9.1 All rounding marks will be orange balls.
- 9.2 The starting mark shall be an inflatable yellow buoy
- 9.3 The finishing mark shall be an inflatable yellow buoy

10 COURSES

- 10.1 The Digital N Course shall be sailed
- 10.2 The starting line shall be between an green flag on the signal boat and a green buoy
- 10.3 The finish line shall be between a red flag on the finish boat and a red buoy

11 STARTING SYSTEM

- 11.1 RRS Appendix U shall apply
- 11.2 The starting sequence may be rolling.

12 RECALLS

A general recall will be signaled in accordance to PR 18(b)(iii), except that the "1-Minute Rule" (RRS 30.1) will not be used. (Changes PR 18(b)(iii))

13 PROTESTS

- 13.1 Protests shall be initiated in accordance with RRS D2 "Umpired Races" as modified by ICSA PR 24.
- 13.2 Protest hearings shall be conducted in accordance with the procedure described in Appendix F of the ICSA Procedural Rules.

14 SCORING

- 14.1 RRS D3 "Scoring a Race" and D4 "Scoring an Event" shall be used, as modified by ICSA PR 25.
- 14.2 Breakdowns will be scored in accordance with RRS D5 "Breakdowns When Boats Are Supplied by the OA" as changed by PR 23.

15 SAFETY

- 15.1 Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 15.2 Starts will not be delayed to accommodate capsized boats.
- 15.3 Drysuits will be required for all competitors if the air temperature is below 40°F

16 COACHING

ICSA PR 19 shall apply.

17 ICSA Rep

The ICSA Rep for the regatta shall be announced at the Coaches' Meeting

Regatta Contacts

Regatta Chair

Henry Millette

Head Intercollegiate Dinghy Coach

U.S. Merchant Marine Academy

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Principal Race Officer

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APPENDIX A

Please help us take good care of our equipment, so sailors will continue to have great equipment to sail when they visit USMMA Kings Point.

Remove sails, place the jib on top of the mainsail and roll them together with the jib sheets inside the roll. Once sails are removed and rolled, competitors please do the following:

- 1) Attach the jib halyard to the loop in the bowline and rake the mast forward (just as you would when you raise your jib in heavy air). Shrouds should be snug to tight.
- 2) Remove tennis ball(s) and loop the elastic of the tennis ball(s) over the rudder pintle(s) so the balls do not dangle in the water.



- 3) Lay rudder parallel to the stern inside the back of the boat, with rudder head on the bottom of the boat and rudder blade pointing towards the sailing center.



- 4) Tie the boat down. For 420s, slide cradle strap through the jib lead and secure through jib cleat (just as you would with the jib sheet while sailing upwind). For FJs, slide the cradle strap through the eye below the chainplate, tighten, and secure with a double hitch.



Thank you!