



# ***ICEBREAKER FLEET RACE***

HOSTED BY SALVE REGINA UNIVERSITY,

MARCH 8, 2026

## **SAILING INSTRUCTIONS**

### **1. RULES**

1.1 This regatta shall be governed by the current Racing Rules of Sailing (RRS), ICSA Procedural Rules (PR), ICSA Collegiate Dinghy Class Rules, and the Notice of Race, except as modified by these Sailing Instructions.

### **2. NOTICES TO COMPETITORS**

2.1 Notices to competitors, including boat rotations, will be posted on the Official Regatta Notice board found on the Techscore website – [scores.collegesailing.org](https://scores.collegesailing.org).

### **3. CHANGES IN SAILING INSTRUCTIONS**

3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

### **4. SCHEDULE OF EVENTS**

#### **DAY, DATE**

0930 Report time

0945 Competitors meeting at the top of the FJ dock.

First warning to follow.

1500 No start after this time

## **5. FORMAT**

5.1. 10 races are scheduled per division. There are no scheduled breaks.

## **6. BOATS & EQUIPMENT**

6.1 FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable. 420s may be used if necessary due to any boat issues.

6.2 The standing rigging shall not be adjusted.

6.3 Mainsheet may be rigged with a 3:1 or 4:1 purchase.

6.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.

6.5 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

6.6 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.

## **7. ROTATION**

7.1 The rotation of boats will be in accordance with the online rotation.

7.2 Until the RC announces, rotations shall take place on the Sail Newport youth docks, where the FJs are kept. After roughly 11:00 AM, rotations will take place on the docks adjacent to the cranes at 72 Fort Adams Drive.

## **8. RACING AREA**

8.1 The racing area will be in the mooringfield in Brenton Cove or

## **9. COURSE**

9.1. The courses will be a W3, W4 or W5, with an offset and gate.

9.2. Rounding Marks will be Orange balls.

## **10. START/FINISH**

10.1. Races will be started in accordance with PR 18(b)(i).

10.2. The start line will be between a staff with an orange flag on the Race Committee Boat and the course side of a colored ball at the port end of the line.

10.3. In the case of a windward finish, the finish line will be between the flag on the finish boat windward mark.

## **10. INDIVIDUAL RECALLS**

Individual Recalls will be signaled in accordance with ICSA Procedural Rule 18(b)(ii).

## **11. CHANGES OF COURSE AFTER THE START**

Any mark of the course may be moved in accordance with PR 13(b)(ii).

## **11. ABANDONMENT**

11.1 Races may be abandoned at any time. This changes RRS 32.1. Abandonment will be signaled by oral instruction.

## **12. PROTESTS**

12.1 A protesting boat shall notify both the finish boat and the protested boat in accordance with PR 29(a) and 29(b).

12.2 Protest forms must be filled out in accordance with RRS 61.2 and given to the PRO or non-competing member of the Salve Sailing team. The time limit for filling out protest forms will be 15 minutes after the last boat hits the dock at any major break. However, the jury, comprised of uninterested coaches, may apply ICSA Procedural Rule Appendix G at any hearing.

12.3 Protest forms will be available after racing in front of the Wallace building.

### **13. SAFETY**

16.1 A boat requesting assistance from support boats should signal by waving hands overhead.

16.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'

16.3 A boat that retires is asked to notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.

13.2 USCG-approved Type III PFDs shall be worn at all times while on the water except while actively adding or removing clothing.

16.4 Drysuits or wetsuits are required. The organizing authority (host) will not allow sailors to compete without.

### **14. COACHING AND COMPETITORS**

14.1 PR 19 will apply.

14.2 Coaching shall be from shore.

### **15. RULE 42 ENFORCEMENT**

15.1 PR 32 shall be in effect.

### **16. FACILITY ACCESS AND FIELD OF PLAY**

16.1 60 Fort Adams Drive is under construction and closed to all sailors. Bathrooms and changing areas can be found in 72 Fort Adams Drive.

16.2 All teams must park in the upper lot or on the white shells OUTSIDE THE FENCE at 60 Ft Adams Drive (see map on notice board). There is ABSOLUTELY NO PARKING in any other areas. Teams may drop sailors off and return vehicles to the upper lot.

16.3 Bathrooms are available on the ground floor at 72 FAD, which will be open all day, each day, accessed from outside, under the deck on the north side of the building.

16.4 Changing rooms/showers are available at 72 FAD. These can only be accessed through the lobby on the ground floor of the building.

16.5 Teams are welcome to use the deck/pier (NO VEHICLES!) for spectating. There is Wi-Fi (SN Guest, PW TrySailing).

## **17. DRONES**

17.1 Launching or landing drones at Fort Adams State Park is strictly prohibited without, or in violation of, a Special Use Permit issued by the Rhode Island Department of Environmental Management (DEM).

17.2 Use of drones launched/landed elsewhere is entirely at your own risk and responsibility. Neither Salve Regina University nor Sail Newport grant permission and accept no responsibility for drone usage.