

Women's Team Race
Hosted by Harvard at Brown
March 1, 2026
Sailing Instructions

1. RULES

This regatta will be governed by the Racing Rules of Sailing, including Appendix D, the prescriptions of US SAILING; the Procedural Rules and Class Rules for Intercollegiate Sailing Competition; and The NEISA Rules and Regulations Manual, except as modified by these instructions.

2. NOTICES TO COMPETITORS

Notices will be posted on the Official Regatta Notice Board located on the first floor of Edgewood YC.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any changes in the Sailing Instructions will be announced orally and posted prior to the first race in which they will take effect.

4. SCHEDULE OF EVENTS

Sunday 3/01/26:

Report Time	1000
Competitors' Meeting	1015
First Warning	TBD
No start after	1500

5. FORMAT

5.1 The PRO will attempt to complete a round robins of all 8 teams; followed a top 4 and bottom 4.

5.2 If the above formats are not possible in the allotted time, the PRO will announce the best course of action.

6. BOATS AND EQUIPMENT

6.1 Brown's fleet of Zim FJs will be provided. Standing rigging shall not be adjusted. The mainsheet purchase may be rigged either 3:1 or 4:1.

6.2 In addition to any other requirements set for in the rules, competitors shall report any damage or loss of equipment to the Race Committee or PRO immediately after the finish or arrival at the dock.

6.3 Breakdowns will be decided using the ICSA Procedural Rules. Breakdown consideration will not be given for loss of clevis pins and cotter rings where the shrouds attach to the hull, or failure of knots (except at the head of the mainsail, if it was determined there was no opportunity to check it).

7. ROTATIONS

Rotation of boats will be in accordance with the rotation posted on Tech Score and on the Notice Board. All exchanges and rotations will take place at Brown's dock at EYC, unless otherwise specified by the PRO.

8. RACING AREA

The racing area will be in the Providence River.

9. MARKS

All marks will orange balls. The starting pin may be a white ball, and the finish pin may be yellow tetrahedron.

10. COURSE

10.1 The course will be "Digital N". Appendix A

10.2 The starting line will be between the course side of a staff displaying a yellow or orange flag and the course side of a nearby mark on the port side of the Race Committee Boat.

10.3 The finish line may be between 2 marks, or it may be between a staff displaying a blue flag and the course side edge of the nearby mark.

- 11 **STARTING SYSTEM**
Races will be started in accordance with ICSA Procedural Rules

- 12 **RECALLS**
Individual recalls will be signaled in accordance with PR 18(b)(ii).

- 13 **PROTESTS**
- 13.1 **PROTESTS**
Protests may be initiated using RRS D2.2 and, whenever possible Appendix G of the PR.

- 14 **SAFETY**
Competitors who require assistance from a rescue boat should do so signify by waving their arms over their head.

APPENDIX A:

