



**University of Maryland
Diamondback Women's Fleet Race
March 7, 2026**



**4800 Riverside Dr.
Galesville, MD 20765**

SAILING INSTRUCTIONS

1. Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) except as modified by the ICSA Procedural Rules, The MAISA Information Bulletin and these Sailing Instructions. PR 32 will be in effect.

2. Use of Facilities

- 2.1. Participants are welcome inside of the facilities at all times.
- 2.2. Pets are welcome at West River Sailing Club.
- 2.3. Food will be available for purchase inside of the West River Sailing Club.

3. Notices to Competitors

Notices to competitors will be posted on the whiteboard inside of the West River Sailing Club, which will hereinafter be referred to as the Notice Board.

4. Changes to Sailing Instructions

Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1700 on the day before it will take effect.

5. Schedule of Races

Saturday, March 7th	0900	Competitors Meeting
	0930	First Warning Signal
		<i>No cut-off time for racing Saturday</i>

6. Racing Area

The racing area is the mouth of Tenthouse Creek and the adjacent West River (Figure 1).

7. Courses / Marks

- 7.1. The courses will be W4s (Figure 2) or W3s (Figure 3). This shows the approximate angle and length between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

- 7.2. The Race Committee may change the position of any mark, provided that no boat has started that leg of the course. There will be no visual or sound signal for such a change.
- 7.3. Marks will be orange or yellow inflatable cylindrical marks.

8. Boats / Breakdowns / Rotations

- 8.1. Standing rigging may not be adjusted.
- 8.2. Requests for breakdown points shall be filed in the same manner as protests.
- 8.3. A schedule of boat rotations, as per ICSA Procedural Rule 22(b), Rotation of Boats, will be posted on the Notice Board.
- 8.4. Competitors shall inspect their boats before each race for possible breakdowns and missing equipment.
- 8.5. Each skipper is responsible for the damage or loss to their boat unless fault is otherwise determined by application of the rules by the Protest Committee.
- 8.6. Unless the skippers agree otherwise, damage to boats during any races shall be charged equally against the accounts of the skippers involved in the incident. Competitors may not protest or request redress for actions under this paragraph. This changes Rule 60.1.

9. Start / Finish Lines

- 9.1. Start/Finish line will be between a staff displaying an orange flag on the Race Committee signal boat and a nearby mark or anchored pin boat with a staff.
- 9.2. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.
- 9.3. The committee boat will have a trailing "keep clear" mark off their stern. Boats that do not clear the mark while starting will be disqualified. This is to make barging less attractive, protecting the committee boat. If you have any questions, please feel free to contact the race committee. A diagram will be posted to the Notice Board.

10. Starting System

ICSA PR 18 (b), 3-minutes starting signal will be used.

11. Individual Recalls

- 11.1. The Race Committee will attempt to notify individual boats by hailing their sail numbers as per ICSA Procedural Rule 18(b)(ii).

12. Protests

- 12.1. Protest forms are available upon request made to any University of Maryland Sailing Team member.

- 12.2. Protests shall be filed within 30 minutes of reaching ashore after the race in which the incident occurred. This changes ICSA PR 30.
- 12.3. Protests may be heard between sets of the division in which the incident occurred, during interruptions in racing, or at the end of the race day, as determined by the judges.

13. Safety

- 13.1. A boat that retires from a race shall notify the Race Committee as soon as possible.
- 13.2. Competitors shall wear a USCG approved PFD per ICSA PR 13(c)
- 13.3. If the combined air and water temperature are below 100 Degrees Fahrenheit, wetsuits or drysuits will be required gear for all competitors.
- 13.4. The Race Committee may ask a boat to retire from a race at any time should their safety be in question.

14. Coaching

- 14.1. ICSA Procedural Rule 19 applies.
- 14.2. Coaching will be permitted between races on the dock, provided that all coaches have equal access and that the rotation is not delayed.

15. Awards

The top three teams will be announced following racing on Sunday.

16. Regatta Contacts

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Figure 1: Course Location

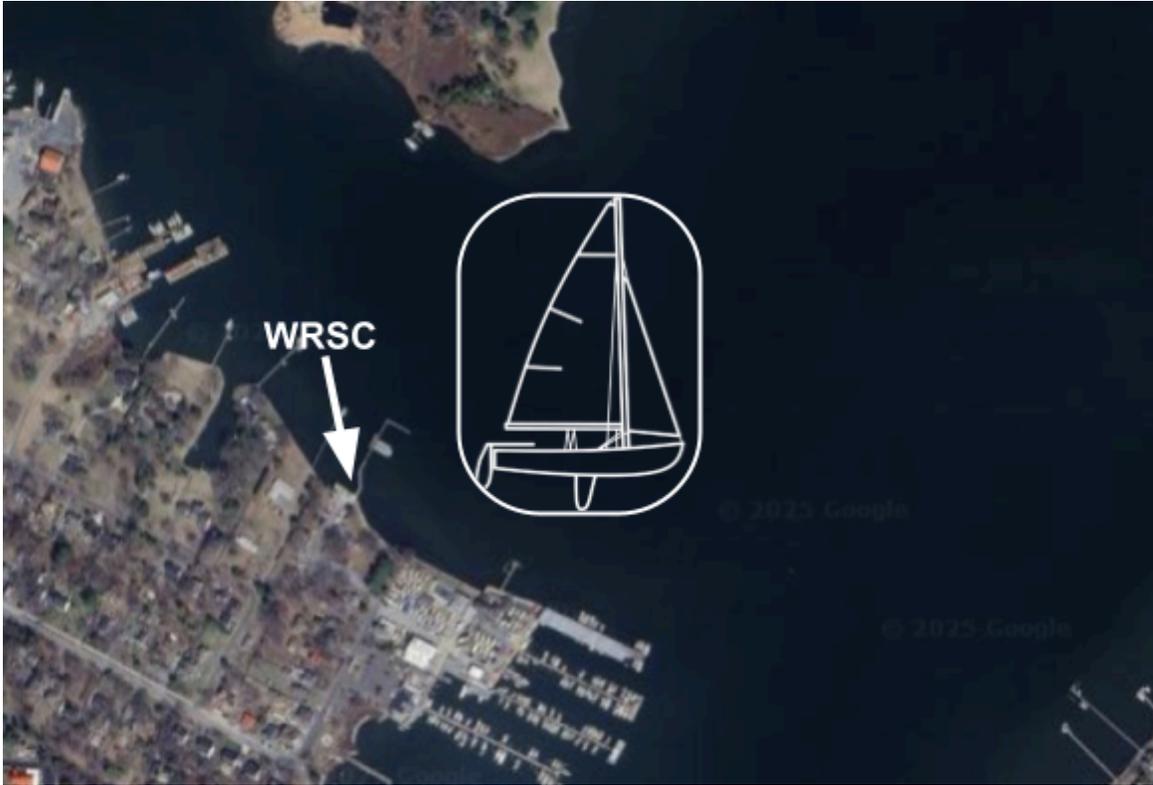


Figure 2: W4

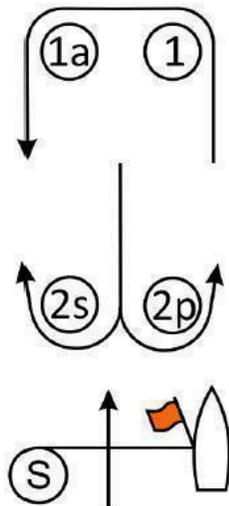


Figure 3: W3

