



**DC Team Race**  
**US NAVAL ACADEMY**  
**February 28-March 1, 2026**  
**SAILING INSTRUCTIONS**



- 1** **RULES**
- 1.1 This regatta will be governed by the current version of the Racing Rules of Sailing (2025-2028), including Appendix D, and the prescriptions of US SAILING; and the Procedural Rules, except as any of these are modified by these sailing instructions.
- 1.2 RRS D2 will apply for all races.
- 1.3 Races from incomplete round robins may be used as races in a subsequent round.
- 2** **NOTICES TO COMPETITORS**
- Notices will be posted on the official regatta notice board located on Techscore.
- 3** **CHANGES IN SAILING INSTRUCTIONS**
- Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.
- 4** **SCHEDULE OF EVENTS**
- |                          |      |
|--------------------------|------|
| <b>Saturday</b>          |      |
| Report Time              | 0900 |
| Competitors Meeting      | 0920 |
| First Race               | 1000 |
| <b>Sunday</b>            |      |
| Report Time              | 0900 |
| First Race               | 0945 |
| No Starting Signal After | 1500 |
- 5** **FORMAT**
- The format will be determined by the regatta chair depending on time and conditions. The following are the possible formats listed in preferred order:
- 5.1 A single round robin of all teams in attendance followed by either another full round or a top six bottom 4.
- 6** **BOATS & EQUIPMENT**
- 6.1 420's and FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2 The standing rigging shall not be adjusted.
- 6.3 The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Finish Boat on the water.
- 6.5 Breakdowns will be decided using PR 20. Breakdown consideration will not be given for the failure of knots (except at the head of the main when it was determined there was not an opportunity to check it), or loss of cotter pins and rings.
- 7** **RACING AREA**
- The Racing Area will be in the Severn River or the Annapolis Harbor.
- 8** **ROTATION**
- Rotation will be in accordance with the posted rotation in techscore.
- 9** **MARKS**
- 9.1 All rounding marks will be orange balls.
- 9.2 Start and finish marks will be yellow balls.
- 10** **COURSES**
- 10.1 The Digital N Course shall be sailed
- 10.2 The starting and finishing lines will be between an orange staff and a ball.
- 11** **STARTING SYSTEM**
- The starting sequence may be rolling.
- 12** **PROTESTS**
- 12.1 Protests shall be initiated in accordance with RRS D2 as modified by PCR 25.
- 13** **SCORING**
- 13.1 RRS D3 and D4 shall be used, as modified by PR 25.
- 13.2 Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.
- 14** **SAFETY**
- 14.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 14.2 Starts will not be delayed to accommodate capsized boats
- 14.3 Drysuits will be required for all competitors if the air and water temperature are both below 50 degrees Fahrenheit.
- 15** **COACHING**
- PR 19 shall apply