



COLLEGE of CHARLESTON

SAILING

CofC Women's Team Racing Regatta

March 14-15, 2026

Sailing Instructions (SIs)

(version 03-02-2026)

1. RULES

1.1. This regatta will be governed by *The Racing Rules of Sailing* (RRS) including RRS Appendix D (Team Racing Rules), the current Procedural Rules (PR) and Class Rules (CR) for the Intercollegiate Sailing Association (ICSA) except as modified by these SIs.

1.2. All races will be umpired.

1.3. PR 25, RRS D1.2(a)(2), D2.1(b), D2.1(c) and D5.2 are changed by replacing the phrase "a red flag" with "a raised open hand."

1.4. RRS 20 is changed so that the following arm signals are required in addition to the hails:

(1) For 'Room to tack', repeatedly and clearly pointing to windward; and

(2) For 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward

2. NOTICES TO COMPETITORS

2.1. Notices will be posted on the Techscore Notice Board.

3. CHANGES IN SAILING INSTRUCTIONS

3.1. Any changes in the SIs will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

4.1. Saturday – 9am report time with racing to follow

4.2. Sunday- 9am report time with racing to follow
3pm no start after

5. FORMAT

5.1. The format for the regatta will consist of multiple Round Robins.

6. BOATS & EQUIPMENT

6.1. FJs will be sailed on Saturday and 420s will be sailed on Sunday.

6.2. The standing rigging shall not be adjusted.

6.3. The penalty for infringing SI 6.1 or SI 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4. Competitors shall report all damage or loss of equipment, however slight, to the boatswain immediately after arriving on shore or to the Race Committee Finish Boat on the water.

7. ROTATION

7.1. Rotations will take place after a lunch break and will be announced at the competitor briefing

8. MARKS

8.1. All rounding marks will be orange balls.

9. COURSE

9.1. The course to be sailed will be a Digital N.

10. STARTING SYSTEM

10.1. Races will be started in accordance with PR 18(b)(i).

10.2. The Race Committee may opt to use a rolling starting system; that is a system where the warning signal for a subsequent race is the starting signal for the previous race.

11. RECALLS

11.1. Individual recalls will be signaled in accordance with PR 18(b)(ii).

11.2. A general recall will be used in accordance with PR 18(b)(iii), except that the "1 minute rule" (RRS 30.1) will not be used. (Changes PR 18(b)(iii))

12. PROTESTS

12.1. Written protests, including requests for redress and breakdowns, shall be filed with the scorer within 15 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.

12.2. Protest forms will be available at the Race Office and shall be filed with the RC representative at the Charleston Sailing Center.

12.3. Video, and/or photographs taken from any source shall not be presented by competitors as evidence at protest hearings. This changes RRS 63.(4)b.

12.4. Added to RRS 63.7 is "A party to the hearing may ask for a reopening of a hearing held during a round robin, no later than 30 minutes after the conclusion of the round robin."

12.5. The posting of the 'Protest Hearing Schedule' of a Request for Redress is considered to meet US Sailing prescription to RRS 63.1(b). Requests may be made orally to the Protest Committee when the hearing is called.

13. BREAKDOWNS

13.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.

14. SCORING

14.1. RRS D3 and D4 shall be used, as modified by PR 25.

14.2. Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

15. SAFETY

15.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

15.2. Starting sequences will not be delayed to accommodate any capsized boats.

15.3 The shipping channel will be considered a "Continuing Obstruction" while racing. While not racing it is considered an exclusion zone. Penalty for not observing this will be, subject to a hearing, on first offense loss of a race win, on second offense expulsion from the regatta.

16. COACHING

16.1 Coaching will either be done onshore or by coach boat.

16.2 All teams will have equal access to coaching.

17. DAMAGE

17.1 The umpires may impose a penalty for breaking RRS 14 without a protest hearing, unless a boat involved in the incident requests a hearing, in which case the umpires shall report the incident to the protest committee. If it has good reason to do so, the protest committee may impose a greater penalty than what the umpires deemed appropriate. When both boats break RRS 14, they will both receive a penalty. This changes PR 26.

17.2 Damage will be divided into 3 levels as shown in the following table:

Level Extent Effect

Level A – Minor Damage: does not significantly affect the value, general appearance or normal operation of the boat. Boats may race without repair although some minor surface work may be required after the event. Repairs should not normally require more than 1 hour of work.

Level B – Damage: affects the value and/or general appearance of the boat. The damage does not affect the normal operation of the boat in that race but may need some (temporary) work before racing again. Requires more than 1 hour of work but should not normally require more than 3 hours of work.

Level C – Major Damage: The normal operation of the boat is compromised and its structural integrity may be impaired. The boat will need some repair work before racing again. Requires more than 3 hours of work.

Point Penalties - to be applied without a hearing;

Level	Round Robin	Knock Out
A	None	None
B	Half point	Three quarters of a point
C	One point	One point

Course

Digital N

