

Lake Virginia Invitational
February 14-15, 2026
Rollins College 1000 Holt Ave. Winter Park, FL 32789
SAILING INSTRUCTIONS

RULES

1.1 This regatta will be governed by the current Racing Rules of Sailing 2024-2028 (RRS), the Procedural Rules (PR) for Intercollegiate Sailing Competition 2024-2028, and the SAISA Rules and Regulations.

1.2 Any questions regarding these Sailing Instructions should be submitted in writing to eforrer@rollins.edu.

NOTICES TO COMPETITORS

2.1 Notices will be posted on the Official Regatta Notice Board found on Techscore.

2.2 CHANGES IN SAILING INSTRUCTIONS

2.2a Any changes in the sailing instructions before the event's start date will be posted to the Notice Board on Techscore.

2.2b Any additional changes thereafter will be communicated verbally at the competitor's meeting and/or through the Organizing Authority and the ICSA Rep.

SCHEDULE OF EVENTS:

3.1

Saturday	900	Report Time
	915	Competitors Meeting
	1000	First Warning Signal

Sunday	1000	First Warning Signal
	1500	No Start After

FORMAT

4.1 A single round robin will consist of several races equal to the number of competing schools.

4.2 No more than fourteen races will be completed.

4.3 A and B divisions will sail in a separate division format.

4.4 A lunch break will not be scheduled as time between sets will be sufficient.

BOATS & EQUIPMENT

5.1 (18) FJ's will be provided for all competitors and shall not be modified.

5.2 The standing rigging shall not be adjusted.

5.3 The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

5.4 Competitors shall report all damage or loss of equipment, however slight, to the PRO, dock staff, Race Committee, or Finish Boat.

ROTATION

6.1 The rotation of boats will be in accordance with the rotation available online at scores.collegesailing.org

MARKS

- 7.1 All rounding marks will be orange/red balls.
- 7.2 The starting line will be between an orange/red ball and an orange flag displayed on the Race Committee start boat.
- 7.3 The finishing line will be between an orange/red ball and an orange flag displayed on the Race Committee start boat.
- 7.4 For upwind finishes on courses W3 and W5, the finishing line will be between the windward mark and a flag displayed on the Race Committee finish boat.

COURSE

- 8.1 Courses will be posted on the Official Regatta White Board.
- 8.2 Courses will be W3, W4, or W5

STARTING SYSTEM

- 9.1 Races will be started in accordance with PR Appendix C.

RECALLS

- 10.1 Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii).
- 10.2 A general recall will be used in accordance with PR 18(b)(iii).
- 10.3 After a general recall, the Round-an-End Rule, RRS 30.1, shall apply and no signal need be given.

PROTESTS

- 11.1 Protests shall be filed in accordance with the ICSA Procedural Rules.
- 11.2 Protests shall be filed in accordance PR 30
- 11.3 Protest forms will be available on the Official Regatta White Board.

SAFETY

- 12.1 Competitors who require assistance from rescue boats should signify by waving their arms overhead.
- 12.2 A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 12.3 Starts will not be delayed accommodating capsized boats.

