



## Jan Friis Trophy March 22-23, 2025



### SAILING INSTRUCTIONS

#### **1. RULES**

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2025-2028), the Procedural Rules and Class Rules for Intercollegiate Sailing Competition, and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.
- 1.2. All Races will be umpired. RRS D2 will apply as modified by the Procedural Rules.
- 1.3. Failure to gain entrance to USCGA shall not be considered in redress/protest hearings.
- 1.5. RRS D1.1(d) is in effect.
- 1.6. Results from round-robin stages are carried forward to subsequent round robins.
- 1.7. The event calls posted on the notice board shall be in effect.

#### **2. NOTICES TO COMPETITORS**

- 2.1. Notices will be posted to the notice board on Techscore.

#### **3. CHANGES IN SAILING INSTRUCTIONS**

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

#### **4. SCHEDULE OF EVENTS**

##### **Saturday, April 13**

Report Time                      1030  
First Warning                    1105  
No Starting Signal After 1700

##### **Sunday, April 14**

Report Time                      0930  
First Warning                    1005  
No Starting Signal After 1500

#### **5. FORMAT**

- 5.1. The format for the regatta is as follows:
  - 5.1.1. Stage 1 – Round Robin of all 8 Teams in FJs and/or 420s
  - 5.1.2. Stage 2 – Round Robin of all 8 Teams in FJs and/or 420s
  - 5.1.3. Stage 3 – Round Robin of all 8 Teams in FJs and/or 420s
- 5.3. Any changes to this format will be in accordance with PR 25(f), except as changed by these SI.
- 5.4. PR 25(f) is changed to: When conditions make the announced format unmanageable, the NEISA Rep, Regatta Chairman, and Chief Umpire may alter the format to ensure an equitable determination of the winner.

#### **6. BOATS AND EQUIPMENT**

- 6.1. FJs and 420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.
- 6.2. The standing rigging shall not be adjusted.

6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4. Competitors shall report all damage or loss of equipment, however slight, to the Host.

## **7. ROTATION**

7.1. Boat Rotation will be on techscore.

7.2 All rotations and substitutions will take place off the south dock unless explicitly told otherwise.

## **8. MARKS**

8.1. Rounding marks will be colored buoys.

8.2. The start line will be between a staff on the RC boat and a colored buoy.

8.3. The finish line will be between a staff on the Finish boat and a colored buoy.

## **9. COURSE**

9.1. The course will be a Digital N.

## **10. STARTING SYSTEM**

10.1. Races will be started in accordance with PR 18(b)(i).

## **11. PROTESTS**

11.1. Protests shall be initiated in accordance with RRS D2 as modified by Procedural Rule 25.

## **12. SCORING**

12.1. RRS D3 and D4 shall be used, as modified by PR 25 and these Sailing Instructions.

12.2. Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

## **13. SAFETY**

13.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

13.2. Starts will not be delayed to accommodate capsized boats.

13.3. At the discretion of the regatta Chairman, a race may be abandoned at any point if there is submarine traffic approaching. When a race is abandoned, competitors shall sail toward Jacobs Rock floats and the rotation area. Failure to comply with SI 13.3 will result in disqualification from the regatta. This changes RRS 32.1

## **14. COACHING**

14.1. Coaches will be on land.

14.2. Teams may not fly a drone.