



**Team Race Invite At Massachusetts Maritime
Saturday March 15, 2025**

1. **Rules:** The regatta will be governed by the Racing Rules of Sailing 2021-2023, the ICSCA Procedural Rules, the RRS Appendix D Team Racing prescriptions and these sailing instructions.
2. **Notice to Competitors:** Official Notices will be posted on the Regatta Notice Board located on Techscore.
3. **Changes to the Sailing Instructions:** Any changes to the sailing instructions will be verbally noted at the skippers meeting and written on the official Regatta Notice Board.
4. **Schedule of Races:**
Report Time 1040
Competitors Meeting 1045
First Warning Signal 1100
5. **Boats and Equipment:** FJ's will be supplied by Mass. Maritime. The standing rigging shall not be adjusted. Breakdowns will be decided using PR 20.
6. **Rotation:** Schedule for boat rotation will be available on Techscore. Rotations will take place on the floating dock or on the water. It is mandatory that competitors comply with rotation directions that will be announced at the competitors meeting.
7. **Format:** The preferred format for the regatta shall be a series of 3 Round Robins. In the event that the intended format cannot be completed, the regatta chair having consulted with the other coaches or team representatives in lieu of a coach. The group will announce an appropriate reduced format to encourage maximum racing.
8. **Racing Area:** The racing area will be in Great Herring Pond.
9. **Courses:** The course will be a digital N.
10. **Marks:** All rounding marks will be white balls. The starting line and finish lines will be between a staff on a committee boat at the starboard end of the line and the orange ball at the port end of the line.

11. **Abandonment:** After the starting signal, the RC may abandon the race as appropriate for any reason directly affecting the safety or fairness of the competition. A sound signal and the hail of “abandoned” may be used in the place of other visual signals. (This changes RRS 32.1)

12. **The Finish:** If a boat is delaying the competition of a race, the RC may terminate the race and score the last boat equal to last place.

13. **Protest:** When protesting the protesting boat must hail “protest” until the other boat acknowledges the hail. Protests and requests for redress shall be delivered to the RC immediately after the finish of that race. Within 20 minutes after the RC finish boat docks a protest form must be filed with the RC. Hearings will be held as soon as possible after the last race in the sailing center’s classroom.

14. **Safety:** All competitors must be wearing a US Coast Guard Approved type III lifejacket & a dry suit is mandatory. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the RC as soon as possible.

15. **Capsizes:** A capsized boat may be righted and sail on by its crew at any time. If the safety of the crew or boat is in jeopardy, or if the progress of the regatta is affected the RC may require that assistance be accepted, and the competitors retire from the race.

16. **Coaching:** Will be from shore or from a coach boat provided.