Lake Virginia Team Race

February 15-16, 2025

Rollins College 1000 Holt Ave. Winter Park, FL 32789

SAILING INSTRUCTIONS

RULES

- 1.1 This regatta will be governed by the current Racing Rules of Sailing 2025-2028 (RRS), the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2021-2024, and the SAISA Rules and Regulations.
- 1.2 Any questions regarding these Sailing Instructions should be submitted in writing to eforrer@rollins.edu.

NOTICES TO COMPETITORS

2.1 Notices will be posted on the Official Regatta Notice Board located on the whiteboard inside of the Alfond Boat House classroom.

CHANGES IN SAILING INSTRUCTIONS

- 3.1 Any changes in the sailing instructions before the event's start date will be posted to the Notice Board via amendment on Techscore.
- 3.2 Any other changes in the sailing instructions will be communicated verbally at the competitor's meeting or thereafter through the Organizing Authority and the ICSA Rep.

SCHEDULE OF EVENTS:

Saturday	900	Report Tim	е
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915 Competitors Meeting1000 First Warning Signal1700 No Warning After

Sunday 1000 First Warning Signal

1500 No Warning After

FORMAT

- 5.1 Three Round Robins will be attempted.
- 5.2 The OA will consult the ICSA representative regarding any changes to the format.
- 5.3 Details on a lunch break will be announced verbally at the Competitor's Meeting.

BOATS & EQUIPMENT

- 6.1 (12) FJ's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.
- 6.2 The standing rigging shall not be adjusted.
- 6.3 The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 Competitors shall report all damage or loss of equipment, however slight, to the PRO, dock staff, Race Committee, or Finish Boat.

ROTATION

7.1 The rotation of boats will be in accordance with the rotation available online at scores.collegesailing.org

MARKS

- 8.1 All rounding marks will be orange/red balls.
- 8.2 The starting line will be between an orange/red ball and an orange flag displayed on the Race Committee start boat.
- 8.3 The finishing line will be between an orange/red ball and an orange flag displayed on the Race Committee Finish boat.

COURSE

- 9.1 Courses will be posted on the Official Regatta Notice Board.
- 9.2 Courses will be a Digital N

STARTING SYSTEM

10.1 Races will be started in accordance with PR 18(b)(i).

RECALLS

11.1 Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii).

PROTESTS

- 12.1 Limited Umpiring will be available
- 12.2 Protests shall be filed in accordance with the ICSA Procedural Rules.
- 12.3 Protests shall be filed in accordance with PR 30
- 12.4 Protest forms will be available on the Official Regatta Notice Board.

SAFETY

- 13.1 Competitors who require assistance from rescue boats should signify by waving their arms overhead.
- 13.2 A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 13.3 Starts will not be delayed to accommodate capsized boats.