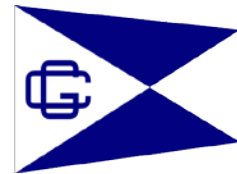


# J70 Invite #1

U.S. Coast Guard Academy  
New London, CT  
March 29-30, 2025



## INFORMATION FOR COACHES AND COMPETITORS

Welcome to the 2025 J70 Invite #1. Please read the following information to supplement the Sailing Instructions. This is for your information only and will not take precedence over the previously mentioned official document.

### Arrival/Parking

- All passengers travelling to the US Coast Guard Academy should have some form of legal ID to present to the guard at the front gate. They do not always ask for everyone's IDs. But if they do and you don't have it you will likely be turned around.
- The 15 mph speed limit is strictly enforced on campus.
- Parking will be along Eagle Drive just south of the Causeway. Parking spots will be marked off with cones there.

### Jacobs Rock

- Competitors, coaches and spectators are welcome to use Jacob's Rock. Please use the Causeway Circle, Silo, overhangs, locker rooms and 3<sup>rd</sup> floor deck for gear and team food. PLEASE NO FOOD OR WET GEAR ON THE 2<sup>nd</sup> FLOOR.
- Competitors are to use the bathrooms on the bottom floor ONLY.
- Competitors may not change under layers in public places. Use the locker rooms.
- There is a water fountain on the 2<sup>nd</sup> floor to fill water bottles.

### Racing

- The Sailing Instructions are posted online.
- Depending on conditions we will either rotate on the water with rib assistance or off of our outermost dock.
- Rotations will take place every 3 races.

### Boat

- J70 Competitors
  - Sail bags, mainsail covers, fenders and dock lines will stay with boats, stored below.
  - All boats will be properly de-rigged and stored at the end of racing each day.
  - Jibs shall only be furled at a beam reach or below angle whether racing or in between races. Care of the jib furling system is paramount to prevent mishaps.
  - Please only raise/lower your mainsail with the boat into the breeze.
  - The backstay bridle shall not be adjusted but the backstay control line shall be used.

### Coaching

- Coaches shall be provided coach boat(s) or are welcome to coach from Jacobs Rock.