

The Duplin Trophy Team Race
Hosted by Harvard
March 22-23, 2025
Sailing Instructions

1. RULES

This regatta will be governed by the Racing Rules of Sailing, including Appendix D, the prescriptions of US SAILING; the Procedural Rules and Class Rules for Intercollegiate Sailing Competition; and The NEISA Rules and Regulations Manual, except as modified by these instructions.

- 1.1 All races will be umpired. RRS D2 will be modified by the Procedural Rules.
- 1.2 Races in an incomplete round may be used as races in a subsequent round.
- 1.3 RRS D1.1(d) is in effect.

2. NOTICES TO COMPETITORS

Notices will be posted on the Official Regatta Notice Board located in the Harvard Sailing Center.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any changes in the Sailing Instructions will be announced orally and posted prior to the first race in which they will take effect.

4. SCHEDULE OF EVENTS

Saturday 3/22/25:

Report Time	1030
Competitors' Meeting	1055
First Warning	1115
No start after	

1700

Sunday 3/23/25:

Report Time	0930
First Warning	1000
No start after	1500

5. FORMAT

- 5.1 The PRO will attempt to complete 1 round robin of all 9 teams. If time allows there will be a 2nd round robin. After the round robin stage(s) there will be a Knockout round or rounds. The PRO will decide how many teams are in each Knockout round based on the time available. In the Knockout Round(s) the winner of each match will be the first to race wins.
- 5.2 If the above formats are not possible in the allotted time, the PRO will announce the best course of action.
- 5.3 RRS D4.3B will only apply to the first round.

6. BOATS AND EQUIPMENT

- 6.1 Harvard's fleet of Z420's and/or Zim FJs will be provided. Standing rigging shall not be adjusted. The mainsheet purchase may be rigged either 3:1 or 4:1.
- 6.2 In addition to any other requirements set for in the rules, competitors shall report any damage or loss of equipment to the Race Committee or PRO immediately after the finish or arrival at the dock.
- 6.3 Breakdowns will be decided using the ICSA Procedural Rules. Breakdown consideration will not be given for loss of clevis pins and cotter rings where the shrouds attach to the hull, or failure of knots (except at the head of the mainsail, if it was determined there was no opportunity to check it).

7. ROTATIONS

Rotation of boats will be in accordance with the rotation posted on Tech Score and on the Notice Board. All exchanges and rotations will take place at the Harvard dock.

- 8 RACING AREA
The racing area will be in the lower basin of the Charles River.
- 9 MARKS
All marks will be red or yellow balls with black bands around them.
- 10 COURSE
10.1 The course will be "Digital N". Appendix A
10.2 The starting line will be between the course side of a staff displaying a yellow or orange flag and the course side of a nearby mark on the port side of the Race Committee Boat.
10.3 The finish line may be between 2 marks, or it may be between a staff displaying a yellow flag and the course side edge of the nearby mark.
- 11 STARTING SYSTEM
Races will be started in accordance with ICSA Procedural Rules
- 12 PROTESTS
Protests shall be initiated in accordance with RRS D2 as modified by Procedural Rule 25.
- 13 SCORING
13.1 RRS D3 and D4 shall be used, as modified by Procedural Rule 25 and these Sailing Instructions.
13.2 Breakdowns will be scored in accordance with RRS D5 as changed by Procedural Rule 20.
- 14 SAFETY
14.1 Competitors who require assistance from a rescue boat should signify by waving their arms over their head.

APPENDIX A:

