



Dellenbaugh Women's Team Race Trophy

Ted Turner '60 Sailing Pavilion/Edgewood Yacht Club

Cranston, RI

March 29-30, 2025

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2025-2028), the Procedural Rules and Class Rules for Intercollegiate Sailing Competition, and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.
- 1.2. All Races will be umpired. RRS D2 will apply as modified by the Procedural Rules.
- 1.3 All results shall carry forward through all completed Stages or Rounds.
- 1.4. A minimum of 80% of one Round Robin of all teams competing shall be required to constitute a regatta.
- 1.5. The initial round robin of all teams must be 100% complete before any subsequent rounds may begin.
- 1.6. RRS D1.1(d) is in effect.
- 1.7. If a round robin other than the initial round is terminated when fewer than 100% of its scheduled races have been complete, its results shall not be included except as provided in PR 25(b), PR 25(c) and SI 1.8.
- 1.8. Races from incomplete round robins may be used as races in a subsequent round.
- 1.9 The event calls posted on the Notice Board shall be in effect.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted to the Notice Board on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday, March 29

Report Time	1030
Coaches Meeting	1045
First Warning	TBD
No Starting Signal After	1800

Sunday, March 30

Report Time 0930
First Warning 1000
No Starting Signal After 1500

5. FORMAT

5.1. The preferred format for the regatta is as follows:

5.1.1. Round 1 - Round Robin of all 10 Teams in FJs and 420s

5.1.2. Round 2 – Round Robin of the Top 6 Teams (Gold) in 420s and the bottom 4 Teams (Silver) in FJs

5.1.3. Round 3 – Round Robin of the Top 4 Teams in 420s

5.2. Any changes to this format will be in accordance with PR 25(f), except as changed by these SI.

5.2.1. PR 25(f) is changed to: When conditions make the announced format unmanageable, the ICSA Rep, Regatta Chairman, and Chief Umpire may alter the format to ensure an equitable determination of the winner.

6. BOATS AND EQUIPMENT

6.1. 2022 Zim 420e's and 2017 Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.

6.2. The standing rigging shall not be adjusted.

6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Boat on the water.

7. ROTATION

7.1. Boat Rotation will be on Techscore.

7.2 All rotations and substitutions will take place off the Brown carpeted docks unless explicitly told otherwise.

8. MARKS

8.1. Rounding marks will be orange/pink buoys.

8.2. The start line will be between a staff displaying a flag on the Race Committee Start Boat and a white buoy at the port end (start mark).

8.3. The finish line will be between a staff displaying a flag on the finish boat and an orange buoy at the port end.

9. COURSE

9.1. The course will be a Digital N (see Diagram A)

10. STARTING SYSTEM

10.1. Races will be started in accordance with PR 18(b)(i).

10.2. The Race Committee may opt to use a rolling starting system; that is a system where the warning signal for a subsequent race is the starting signal for the previous race.

11. PROTESTS

11.1. Protests shall be initiated in accordance with RRS D2 as modified by Procedural Rule 25.

12. BREAKDOWNS

12.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.

13. SCORING

13.1. RRS D3 and D4 shall be used, as modified by PR 25 and these Sailing Instructions.

13.2. Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

14. SAFETY

14.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

14.2. Starts will not be delayed to accommodate capsized boats.

14.3 All competitors may be required to wear drysuits with functional seals or a wetsuit which covers the full legs and torso. This rule might be rescinded by the PRO at times during the event.

15. COACHING

15.1. Coaches will be on land.

15.2. Visiting Teams may fly a drone and must share their video footage upon request by other coaches.

Diagram A: Digital N Course

