

Big Ten Team Race

Hosted by the University of Michigan

March 29 - 30, 2025

University of Michigan Sailing Club. 8010 Strawberry Lake Rd, Dexter, MI 48130



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta is governed by the current Racing Rules of Sailing (RRS), including Appendix D Team Racing Rules, ICSA Procedural Rules (PR), ICSA Collegiate Dinghy Class Rules, and the Notice of Race, except as modified by these Sailing Instructions. ICSA PR 32 (Immediate Penalties For Breaking RRS 42) shall be in effect.
- 1.2. RRS D2 will apply for all races as modified by the ICSA Procedural and Collegiate Dinghy Class Rules.
- 1.3. In accordance with RRS D4.3(c), results from previous round-robin stages shall carry forward.
- 1.4. Team Uniforms - All student-athletes competing in ICSA regattas shall wear a uniform designating their college. The uniform shall be a lightweight jersey, bib, or pinnie worn over the lifejacket, or like-colored lifejackets. To designate the college, any combination of the college's name, nickname, mascot, or other identifying image shall be present on the back of the uniform and, except for an individual's name or number, shall be the same for all team members competing. ICSA recommends that the image used to designate the college be at least 8" X 8" in size.

2. NOTICE TO COMPETITORS

- 2.1. Notices will be posted on the TechScore Online Notice Board and also on the Official Notice Board located inside the clubhouse at Baseline Lake.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday, Mar 29, 2025

0900 Competitors' Meeting and Roll Call

0930 First Warning Signal

Sunday, Mar 30, 2025

0930 First Warning Signal

1300 No Starting Signal After this time.

5. FORMAT

- 5.1. Multiple round-robins are planned. Round-robins failing to accomplish 80% of their races will not be included in final scores.

6. BOATS AND EQUIPMENT

- 6.1. Boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. FJ mainsheets may be rigged with a 3:1 or 4:1 purchase.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instructions 6.1 or 6.2 is disqualification from all races sailed in contravention of these sailing instructions.
- 6.4. Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 6.5. Breakdown points will not be awarded for the failure of knots, the loss of pins or rings. However, the Judge may grant redress for the failure of the main halyard masthead knot.

7. ROTATION OF BOATS

- 7.1. The rotation of boats will be in accordance with the provided rotation sheet on the official notice board and on Tech Score.
- 7.2. The rotation of boats will occur at the dock.

9. THE COURSE

- 9.1. The courses will be the standard Digital N as presented in Addendum A and posted as a course diagram on the Notice Board.
- 9.2. Rounding marks will be inflatable cylinders or spheres.
- 9.3. Any mark of the course may be moved in accordance with PR 18 (c)(i).

10. START/FINISH

- 10.1. Races will be started in accordance with PR 18(b).
- 10.2. The start line will be between an orange flag staff on the Race Committee Boat and a yellow mark on the port end of the line.
- 10.3. The finish line for upwind finishes (standard digital N) will be between a yellow mark and a nearby race committee boat.
- 10.4. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.
- 10.5. The Race Committee may delay a start due to one or more capsized boats at their discretion.

11. RECALLS

- 11.1. Individual Recalls will be signaled in accordance with PR 8(b)(ii) except the maximum time Code Flag "X" will be displayed is 60 seconds.
- 11.2. The Race Committee will attempt to hail the boat(s) sail number(s). Failure to hear a hail is insufficient cause for granting redress.

12. REQUESTS FOR HEARINGS

- 12.1. Requests for hearings shall be filed in accordance with the ICSA Procedural Rules except that "Race Committee" in PR 29(b) is changed to "Race Committee Finish Boat."
- 12.2. PR 30 is in effect. Requests for hearings shall be filed within 30 minutes of coming ashore after the race in which the incident occurred.
- 12.3. Request for Hearing forms will be available at the official Notice Board and shall be filed with the Race Committee that is present.
- 12.4. Boats (and their witnesses) may not present video, data and/or photographic evidence in Hearings. This changes RRS 63.6.
- 12.5. Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.

13. ICSA REGISTRATION

- 13.1. All student-athletes shall register annually with ICSA prior to competing.
- 13.2. A college team representative shall enter completely on the Record of Participation Form the names and class years of all skippers and crews who competed, as well as the races in which they competed. A team failing to properly complete the Record of Participation Form before the expiration of protest time at the end of the regatta, shall be rescored according to PR 33(a) for fleet racing and PR 33(b) for team or match racing. (See also PR 24 and PR Appendix D - ICSA FORMS).

14. BREAKDOWNS

- 14.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.

15. SCORING

- 15.1. RRS D3 and D4 shall be used, as modified by PR 25 and these sailing Instructions.

16. SAFETY

- 16.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 16.2. All coaches, competitors, and alternates must wear USCG approved non-inflatable PFDs when afloat.
- 16.3. A capsized boat may be righted and sailed by its crew unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance and the boat will be scored "DNF."

17. COACHING

- 17.1. PR 19 applies.
- 17.2. Coaching shall be from an Organizing Authority (OA) provided coach boat, or from the shores or docks of the regatta site.

18. MINIMUM WIND STRENGTH

- 18.1. Races should not be started unless the Race Committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is in excess of an average of three knots (3.45 mph) for a reasonable period of time before the start as measured using instrumentation and while not moving over the bottom or anchored.
- 18.2. If the wind speed is less than three knots (3.45 mph) in the starting area at any time during the last minute prior to the start signal, the start should be abandoned.

19. RIGHTS TO USE NAME AND LIKENESS

- 19.1. By participating in this event, competitors automatically grant to the OA and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

20. CAMERAS, ELECTRONIC EQUIPMENT, DRONES, AND U.A.V.s

- 20.1. Boats may be required to carry cameras and/or sound equipment as specified by the OA.
- 20.2. Individuals and their teams are permitted to use personal video/film/camera or sound recording equipment on their boats, however, the video and audio obtained by their personal cameras may not be used during a protest hearing. Video/film/camera equipment includes, but is not limited to, GoPro and other action cameras, U.A.V.s, and Drones.

Addendum A - Digital N Course Diagram

