



Alymers Team Race
April 13, 2025
Hosted by Bentley University
at Harvard Sailing Center



SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the Racing Rules of Sailing (RRS) 2025-2028, the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition, the NEISA Rules and Regulations (except as any of these are modified by these sailing instructions), and by these Sailing Instructions (SI).
- 1.2. Races will not be umpired.
- 1.3. RRS D4.3(b) is deleted
- 1.4. RRS D4.3(c) is deleted.

2. NOTICES TO COMPETITORS

- 2.1. The Official Notice Board will be the whiteboard on the lower floor of the Harvard Sailing Center.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted to the Official Notice Board before the first race in which they come into effect.

4. SCHEDULE OF EVENTS

Sunday, April 13, 2025
0930 Report Time
945 Competitors Meeting
1000 First Warning
1500 No starting Signal after

In the event of an odd number of teams, a lunch break is not scheduled. Please plan accordingly.

5. FORMAT

- 5.1. FJs will be used to sail as many full round robins as possible.
- 5.2. At the RC's discretion, there may or may not be a smaller final round.
- 5.3. In the event of high winds, RC may change the proposed format in 5.1 to use 420Es.

6. BOATS & EQUIPMENT

- 6.1. FJs will be provided for competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. Competitors shall report any damage or loss of equipment, however slight, to a member of the Race Committee on the water or immediately after arriving ashore
- 6.4. When rigging:
 - 6.4.1. Boat covers are to be tied to the boat cradles during racing
 - 6.4.2. The monofilament "goose fence" must be lowered prior to launching
 - 6.4.3. Do not tension rigs or install rudders prior to launching
- 6.5. When derigging:
 - 6.5.1. Boat tie downs are to be placed OVER the covers and tied THROUGH the chain plates

7. **ROTATION**

- 7.1. The rotation of boats will be posted in Techscore.

8. **COURSES**

- 8.1. The course will be a Digital N
- 8.2. Rounding marks will be orange or yellow marks with black stripes.

9. **START/FINISH**

- 9.1. Races will be started in accordance with PR 18(b)(i).
- 9.2. The start line will be between an orange flag on the Race Committee Signal Boat and the course side edge of an orange mark with a black stripe to port of the Signal Boat.
- 9.3. Between a blue flag on the Race Committee Finish Boat and the nearest mark to the Finish Boat's port side.

10. **PROTESTS**

- 10.1. Protests shall be filed within 15 minutes of securing boats to the dock for a lunch break, postponement, or the end of the day's sailing. This changes PR 30.
- 10.2. Video or photographic evidence taken from any source may be presented as evidence.

11. **SAFETY**

- 11.1. Competitors who require assistance from rescue boats should signify by waving arms overhead.
- 11.2. A competitor who retires from a race shall notify the Race Committee as soon as possible.

12. **COACHING**

- 12.1. PR 19 will apply.

12.2. Coaching will be from the Harvard Sailing docks, boathouse, or ashore.

13. **DRONES**

13.1. Drone usage by any competitor, coach, or other team member is prohibited.

13.2. Photos/videos captured during this event by a drone not operated by a team or its coach shall not be used for coaching purposes for the duration of the event.

14. **FACILITIES**

14.1. The event will be hosted at the Harvard Sailing Center, 45 Memorial Dr., Cambridge, MA.

14.2. Please keep gear/bags organized and out of high traffic areas. Do not block stairs or doorways with gear/bags.

14.3. Adequate street parking is usually available on the westbound side of Memorial Drive (across the street from the boathouse) on weekend mornings.

15. **NEISA REPRESENTATIVE**

15.1. The NEISA representative shall be designated at the competitor's meeting.

16. **REGATTA CHAIR CONTACT INFO**

16.1. Jared Reineck

Email: jreineck@bentley.edu