



Jan Friis Trophy March 22-23, 2025



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2025-2028), the Procedural Rules and Class Rules for Intercollegiate Sailing Competition, and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.
- 1.2. All Races will be umpired. RRS D2 will apply as modified by the Procedural Rules.
- 1.3. Races from an incomplete round robin may be used as races in a subsequent round.
- 1.4. Failure to gain entrance to USCGA shall not be considered in redress/protest hearings.
- 1.5. RRS D1.1(d) is in effect.
- 1.6. Results from round-robin stages are carried forward to subsequent round robins.
- 1.7. The event calls posted on the notice board shall be in effect.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted to the notice board on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday, April 13

Report Time 1030
First Warning 1105
No Starting Signal After 1700

Sunday, April 14

Report Time 0930
First Warning 1005
No Starting Signal After 1500

5. FORMAT

- 5.1. The format for the regatta is as follows:
 - 5.1.1. Stage 1 – Round Robin of all 10 Teams in FJs and/or 420s
 - 5.1.2. Stage 2 – Round Robin of bottom 4 Teams from Stage 1 in FJs and/or 420s
 - 5.1.3. Stage 3 – Quarterfinal Knockout Series: 8 teams ranked from Stages 1 and 2: Teams ranked 1-6 from Stage 1 will be ranked 1-6. The top two ranked teams from Stage 2, using results from Stage 1 and 2 will be ranked 7 and 8. The highest ranked team (1) will oppose the lowest ranked team (8); the second highest ranked team (2) will oppose the second lowest ranked team (7); the third highest team (3) will oppose the third lowest team (6); and the fourth highest ranked team (4) will oppose the fourth lowest team (5). The winner of each match will be the first to win two races. This stage may be skipped and the OA may proceed directly to Stage 4.
 - 5.1.4. Stage 4 – Semifinal Knockout Series: The winning teams from Stage 3 will advance to Stage 4. If Stage 3 is skipped, then the 4 highest ranked teams from Stage 1 will advance to Stage 4. In either case, the highest ranked team from Stage 1 & 2 will oppose the lowest ranked team. The other 2 teams will be paired together. The winner of each match will be the first to win two races.

5.15. Stage 5 – Final Knockout Series: The winners from stage 4 will compete in the finals. The winner of the match will be the first to win two races. If this stage is terminated before a race is completed, the overall event rankings will be the rankings at the end of the previously completed stage.

Petit Final – The losers of the matches in Stage 4 will compete to determine 3rd and 4th places. If this match is not sailed, the teams shall be ranked based on their rankings at the end of the previous stage. The winner of the match will be the first to win 2 races. If this stage is terminated before a race is completed, the overall event rankings will be the rankings at the end of the previous stage.

5.2. Final Rankings - Overall rankings for teams not in Stages 3-5 shall be based on the rankings at the end of Stage 1 & 2.

5.3. Any changes to this format will be in accordance with PR 25(f), except as changed by these SI.

5.4. PR 25(f) is changed to: When conditions make the announced format unmanageable, the NEISA Rep, Regatta Chairman, and Chief Umpire may alter the format to ensure an equitable determination of the winner.

6. BOATS AND EQUIPMENT

6.1. FJs and 420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.

6.2. The standing rigging shall not be adjusted.

6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4. Competitors shall report all damage or loss of equipment, however slight, to the Host.

7. ROTATION

7.1. Boat Rotation will be on techscore.

7.2 All rotations and substitutions will take place off the south dock unless explicitly told otherwise.

8. MARKS

8.1. Rounding marks will be colored buoys.

8.2. The start line will be between a staff on the RC boat and a colored buoy.

8.3. The finish line will be between a staff on the Finish boat and a colored buoy.

9. COURSE

9.1. The course will be a Digital N.

10. STARTING SYSTEM

10.1. Races will be started in accordance with PR 18(b)(i).

10.2. The Race Committee may opt to use a rolling starting system; that is a system where the warning signal for a subsequent race is the starting signal for the previous race.

11. PROTESTS

11.1. Protests shall be initiated in accordance with RRS D2 as modified by Procedural Rule 25.

12. BREAKDOWNS

12.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.

13. SCORING

13.1. RRS D3 and D4 shall be used, as modified by PR 25 and these Sailing Instructions.

13.2. Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

14. SAFETY

14.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead.

A competitor who retires from a race shall notify the Race Committee as soon as possible.

14.2. Starts will not be delayed to accommodate capsized boats.

14.3. At the discretion of the regatta Chairman, a race may be abandoned at any point if there is submarine traffic approaching. When a race is abandoned, competitors shall sail toward Jacobs Rock floats and the rotation area. Failure to comply with SI 14.3 will result in disqualification from the regatta. This changes RRS 32.1

15. COACHING

15.1. Coaches will be on land.

15.2. Teams may not fly a drone.