



2025 Staake Trophy Team Race

The Wood Sailing Pavilion-MIT

March 22, 2025

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2025-2028), including Appendix D; the ICSA Procedural Rules (PR) and Current Class Rules for Intercollegiate Sailing Competition; except as any of these are modified by these sailing instructions.
- 1.2. RRS D2 will apply for all races as modified by the ICSA Procedural and Collegiate Dinghy Class Rules. 1.3. In accordance with RRS D4.3(c), results from previous round robin stages shall carry forward, except as provided in SI 5.4.
- 1.3. Any questions regarding these SIs should be submitted in writing to the Regatta Chair Matt Lindblad (mitsail@mit.edu).
- 1.4 RRS D1.1(d) will apply. The following arm signals are required in addition to the hails:
 - (1) for room to tack, repeatedly and clearly pointing to windward; and
 - (2) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.
- 1.5. The ICSA 2025 ICSA Event Calls will be in effect. The PDF with these calls will be posted on the notice board on Techscore.

2. NOTICES TO COMPETITORS

- 2.1 Notices will be posted on the Notice Board on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

3.1 Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

10:30 Report Time

10:40 Competitors' Meeting

10:50 First Warning Signal

18:00 No Start Signal After

5. FORMAT

5.1 The format is:

- Stage 1 - a double round robin of all six teams sailed concurrently such that two teams will race each other twice in a row before rotating.
- Stage 2-A single round robin of all six teams.

5.2 If the format in SI 5.1 cannot be completed, or if stage 1 from 5.1 is completed but it is likely that stage 2 will not, the format may be changed to:

- Stage 1 - a single round robin of all six teams
- Stage 2 - a round robin of the top four teams from the Stage 1

6. BOATS & EQUIPMENT

6.1. 2023 Zim 420's with Zim Platinum Mains and Jibs, will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2. The standing rigging shall not be adjusted.

6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4. Competitors shall report all damage or loss of equipment, however slight, to the scorer, or the NEISA Rep immediately after arriving on shore, or to the Race Committee Finish Boat on the water.

7. ROTATION

7.1. The rotation of boats will be in accordance with the online rotation.

8. MARKS

8.1. Rounding marks 1 & 2 will be orange marks.

8.2. Rounding marks 3 & 4 will be orange marks.

8.3. The starting line will be between a staff displaying an orange flag on the Race Committee Boat and the course side of a yellow mark.

8.4. The finish line will be between an orange flag on the Race Committee Boat and the course side of a yellow mark.

9. COURSE

9.1. The Digital N - see course diagram.

10. STARTING SYSTEM

10.1. Races will be started in accordance with PR 18(b)(i).

10.2. The Race Committee may opt to use a rolling starting system; that is a system where the warning signal for a subsequent race is the starting signal for the previous race.

11. RECALLS

11.1. Individual recalls will be signaled in accordance with PR 18(b)(ii) except that there will be no sound signal (this changes PR 18 (b)(ii)).

11.2. A general recall will be used in accordance with PR 18(b)(iii), except that the "1 minute rule" (RRS 30.1) will not be used. (Changes PR 18(b)(iii))

12. REQUESTS FOR REDRESS

12.1 Requests for redress shall be filed with the scorer within 15 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.

12.2 Forms will be available from the scorer's office.

13. BREAKDOWNS

13.1. When a boat suffers a breakdown in the racing area, she may request redress by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25. 13.2 When a boat suffers a breakdown near the dock or during a rotation, she shall notify the bosun on the dock at the first opportunity.

14. SCORING

14.1. RRS D3 and D4 shall be used, as modified by PR 25 and these Sailing Instructions.

15. SAFETY

15.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

15.2. Starts will not be delayed to accommodate capsized boats

16. COACHING

16.1. PR 19 will apply. Coaching will be from the MIT Sailing Pavilion or parkland around the lower basin of the Charles River.

17. Protests

17.1 Protests from races sailed without umpires or requests for redress/breakdown must be filed during the first rotation ashore following the race in question.

17.2 Protests will be heard as soon as possible.

18. DRONES

18.1. Drones are flown at the sole risk and responsibility of the operator in accordance with applicable laws governing drone use. MIT grants no permission to fly drones and assumes no responsibility for your actions.