

**Sailing Instructions-Grant Trophy- Fleet Racing**  
**Hampton University**  
**Middle Atlantic Intercollegiate Sailing Association**

- **Rules:** The regatta will be governed by the Racing Rules of Sailing 2020-2024, the ICSA Procedural Rules 2020-2024 and these sailing instructions.
- **Notice to Competitors:** Official Notices will be posted on Techscore
- **Changes to the Sailing Instructions:** Any changes to the sailing instructions will be posted on Techscore
- **Schedule of Races:**
  - Saturday Report Time 9am at Marine science center  
Competitors Meeting 910am First Warning Signal 10.00am
  - Sunday report time is at 9am and first warning signal at 10.00am no race after 3pm
- **Boats:** Shall be raced as supplied by Hampton University. The standing rigging shall not be adjusted.
- **Rotation:** Schedule for boat rotation will be on Techscore.
- **Racing Area:** The racing area will be in front of Strawberry Banks .
- **Courses:** The courses will be designated by oral instructions from the Race Committee.
- **Marks:** The marks will be RED balls(offset is green and start mark is yellow). The starting line and finish lines will be between a staff displaying a flag on a committee boat at the starboard end of the line and the closest yellow or red(if the finish is upwind) ball at the port end of the line.
- **Starts:** Races will be started in accordance with RRS Appendix S. Sequence 3'-2'-1'-start`
- **Changing the Course:** After the starting signal, the RC may change the position of any mark, provided that no yacht is on the leg of the course that the mark terminates and the configuration of the course is not changed. There will be no signal for such a change. (This changes RRS 33)
- **Abandonment:** After the starting signal, the RC in consultation with the regatta chairman or jury may abandon the race as appropriate for any reason directly affecting the safety or fairness of the competition. A sound signal and the hail of "abandoned" may be used in the place of other visual signals. (This changes RRS 32.1)
- **The Finish:** If a boat is delaying the competition of a race, the RC may terminate the race and score the last boat equal to last place.
- **Protest:** Shall be notified to the Race Committee at the end of the race where the incident occurred, to the protested boat as soon as possible and filed on the protest form when ashore after rotation. This changes procedural rule 30.
- **Scoring:** Procedural Rules will apply.
- **Breakdown:** Procedural Rules will apply.
- **Safety:** Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the RC as soon as possible.
- **Capsized:** A capsized boat may be righted and sail on by its crew at any

time. If the safety of the crew or boat is in jeopardy, or if the progress of the regatta is affected the RC may require that assistance be accepted and the competitors retire from the race.

- **Coaching:** should be ashore. Procedural Rules will apply.