

Central 4 University of New Hampshire



April 14, 2024



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta shall be governed by the Racing Rules of Sailing 2021-2024(RRS), [the Procedural Rules](#) (PR) and Class Rules for Intercollegiate Sailing Competition 2021-2024, and the [NEISA Rules and Regulations](#), except as any of these are modified by these Sailing Instructions.
- 1.2. Any questions regarding these Sailing Instructions should be submitted to Principal Race Officer Diana Weidenbacker in writing.
- 1.3 The two-turn penalty RRS 44 is replaced with a one-turn penalty while on the course and a two-turn penalty while in the zone.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the official regatta notice board located on the door to the boathouse.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they take effect.

4. SCHEDULE OF EVENTS

Sunday 1030 Report Time

First warning signal will be at approximately 1115

No Starting Signal After 1500

5. FORMAT

- 5.1. The event will be sailed in two divisions.
- 5.2. Competitors will rotate boats after every two races.
- 5.3. All competitors are strongly encouraged to bail their boats and fully ease the boom vang before reaching the rotation dock on the point.
- 5.4 Teams should make an effort to rotate quickly and walk away to reduce congestion.

6. BOATS & EQUIPMENT

- 6.1. Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging nor compression batten shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Boat on the water.
- 6.5 Please make certain to remove the centreboard bungee before lifting the boat out of the water at the end of use.

6.6 Please lift the boat into the water, taking care to avoid sliding the boat over the dock edge as the dock edges are beginning to tear. At the end of the day, please lift your boat out of the water, secure the bowline loop to the jib halyard, and pull on tension.

7. ROTATION

7.1 The rotation of boats will be in accordance with the online rotation.

8. COURSES and MARKS

6.5. All rounding marks will be yellow and orange buoys.

6.6. The starting mark will be the farther away orange buoy on the port side of the Race Committee boat.

8.3 Any Mark of the course may be moved in accordance with PR 18 (c)(i).

9. STARTING and FINISHING

9.1 Races will be started in accordance with PR 18(b) and PR Appendix C.

9.2 The starting and finishing line will be between a staff displaying an orange flag on the Race Committee Start Boat and the course side of the orange starting mark.

9.3 If a boat is delaying the finish of a race, the Race Committee may end the race and score the boat in its current position.

10. RECALLS

10.1 Individual Recalls will be signalled in accordance with PR 18(b)(ii), except the maximum time Code Flag “X” will be displayed is 60 seconds. The Race Committee will attempt to hail the boat(s) sail number(s). Failure to hear a hail is insufficient cause for granting redress.

10.2 The “I” Flag may be displayed at any time, meaning the 1-minute rule is in effect.

10.3 Multiple horns/whistles and the hail of the words “General Recall” will signal a General Recall. The “first substitute” flag may be displayed to help with general recalls.

11. COURSE and COURSE CHANGES

11.1 Courses will be announced orally and taken from the course diagrams on the Official Notice Board.

11.2 Any course mark may be moved per PR 18 (c)(i).

12. STARTING SYSTEM

12.1 Races will be started in accordance with PR 18(b)(i). There is a whistle notification prior to the beginning of the 3-minute sequence.

13. PROTESTS

13.1 Protests shall be filed in accordance with the ICSA Procedural Rules.

Protests shall be filed within 15 minutes of returning to the dock after a rotation at a postponement or at the end of the day’s sailing. This changes PR 30.

13.2 Protest forms will be available from the small table with the whiteboard and model boats in the boathouse. They should be submitted to the designated UNH sailor on shore.

13.3 Video, data and/or photographs taken from any source may be presented as evidence at protest hearings.

13.4 Hearings will be convened as soon as practical. Hearings shall be held either by the whiteboard on the table or outside and shall be open to all for (silent) observation. Hearings will be held by coaches present.

14. SAFETY

14.1 Competitors who require assistance from rescue boats should signify by waving their arms overhead. A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.

14.2 Starts will not be delayed to accommodate capsized boats.

14.3 Dry or wet suits may be required at the Principal Race Officer's discretion. The water is still extremely cold. Notice will be given orally and on the Official Notice Board at any time during the competition.

15. COACHING

15.1 Bring your PFD coaches. Coaches will be on the water. Radios will be provided, but you may bring your own. Channel 68.

15.2 Drone use in the vicinity of the regatta is allowed. Deployment and retrieval shall be from the point only. All drones shall comply with all local and federal guidelines. Any drone footage **must** be made available to all competitors on an equal basis and at the same time. Notification of drone use shall be given at the Competitor's meeting to advise teams so they can view footage equally.

15.3 The ICSA/NEISA rep will be designated on Sunday morning. Their job is to provide helpful feedback to the host from the sailors or coaches.

16. FACILITIES

16.1 The UNH Sailing Centre does not have electricity or running water, so competitors and coaches should plan to bring their own.

16.2 There is a changing room for all competitors inside the back left of the boathouse. Please make every effort to change in your vehicles.

16.3 A Porta Potti is on the left of the road, heading out of the parking lot.

16.4 Please make every effort to carpool and **consolidate the parking**, as space will be tight.

Sail with Honour

There will be Reece's Races

Questions regarding this document, the facility or boats may be addressed to dianaw46@comcast.net

