

Updated: 3/28/24, 5:00pm



**Sailing Instructions**  
**Boston University Trophy Fleet Race**  
**March 30, 2024**

**1 RULES**

1.1 Regattas will be governed by the rules as defined in The Racing Rules of Sailing, The ICSA Procedural Rules, the Rules of the Collegiate Dinghy Class, the NEISA Rules and Regulations Manual, and these Sailing Instructions.

**3 NOTICES TO COMPETITORS**

3.1 Notices to competitors will be posted on Techscore, and they may also be posted on a whiteboard outside the pavilion near the docks.

**4 CHANGES TO THE SAILING INSTRUCTIONS**

4.1 Changes to the sailing instructions will be hailed to all competitors prior to the race they take effect.

**5 SCHEDULE**

5.1 Saturday 03/30/2024

Report Time: 10:30am

Competitors' Meeting: 11:00am

First Warning Signal: 11:30am

No Start After: 5:00pm

**6 BOATS**

6.1 The regatta will be sailed in Boston University Zim CFJs. Standing rigging settings shall not be adjusted.

**7 RACING AREA**

7.1 All races will take place on the Charles River between the Mass Ave and Boston University Bridges.

**8 ROTATION AREA**

8.1 All boat rotations will take place on the BU Competition Dock located approximately ½ mile east of the Sailing Pavilion.

**9 COURSES**

9.1 Courses will be announced by the Race Committee prior to the start of each race.

Updated: 3/28/24, 5:00pm

9.2 Courses will include either a W3, W4, or W5 with a windward offset mark and a leeward gate separate from the start/finish line. Diagrams of the courses and any modifications may be posted on the official notice board.

## **10 MARKS**

10.1 All marks will be orange.

## **11 THE START**

11.1 The starting line will be between a staff displaying a flag (BU Burgee) on the starting boat at the starboard end and the course side edge of the port end start/finish mark.

## **12 THE FINISH**

12.1 On course W4 the finish will be between a staff displaying a flag (BU Burgee) on the starting boat and the start/finish mark.

12.2 On Courses W3 and W5 the finish line will be between the windward mark and the offset mark.

## **13 PROTESTS AND REQUESTS FOR REDRESS**

13.1 Protest forms are available in the Sailing Pavilion.

13.2 Protests shall be delivered to the Race Committee within the posted protest time limit.

13.3 In the event no time limit is posted ICSA procedural rule 30 will apply.

## **14. COACHING**

14.1 All coaching will take place from the BU Competition Docks or the Esplanade Shoreline.