



## SUNY Maritime College

America Trophy – Conference Championship  
April 20-21, 2024



### SAILING INSTRUCTIONS

#### 1. Rules

The regatta will be governed by the Racing Rules of Sailing (RRS) 2021-2024, the prescriptions of US SAILING, the current Procedural Rules for Intercollegiate Sailing Competition (PR) (except as any of these are modified by these Sailing Instructions), the MAISA Bulletin, and these Sailing Instructions.

#### 2. Notices to Competitors

Notices to Competitors will be posted electronically on the Tech Score Notice Board.

#### 3. Changes to the Sailing Instructions

Any changes in the sailing instructions will be announced orally by the Race Committee and, when possible, posted before the first race in which they are to take effect.

#### 4. Boats and Equipment

4.1. Boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.

4.2. The standing rigging shall not be adjusted.

4.3. Sail bags must be tied to the dock cradles.

4.4. 420E and FJ mainsheets may be rigged with a 3:1 or 4:1 purchase.

4.5. The penalty for infringing the above instructions (SI 4.2) shall be disqualification from all races sailed in contravention of these sailing instructions. Please make sure these instructions are followed.

4.6. Competitors shall report any damage or loss of equipment, however slight, to the Race Committee/Finish Boat on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

4.7. Breakdown requests shall follow the procedure in SI 12.2.

#### 5. Rotation of Boats

5.1. Schedule for boat rotation will be available on Techscore.

5.2. A Division will start in 420Es, and B Divisions in FJs. Divisions will switch fleets on the second day of racing.

5.3. Boat rotations shall happen in the basin unless otherwise directed.

## **6. Schedule of Events**

Saturday, 20 April

0900 Report Time

0915 Competitors' Meeting

0930 Harbor Start

1000 First Warning

Sunday, 21 April

0900 Report Time

0930 Harbor Start

1600 No Starting Signal After

## **7. Racing Area**

7.1. The racing area is the East River, west of the Throgs Neck Bridge. At the discretion of the race committee the race area may be moved into Little Bay east of the Throgs Neck bridge.

## **8. Courses and Marks**

8.1. The courses will be announced orally and taken from the course diagrams on the official regatta notice board.

8.2. Rounding marks will be orange balls.

8.3. The Race Committee may change the position of any mark, provided that no boat has started that leg of the course. There will be no visual or sound signal for such a change. Any mark of the course may be moved in accordance with PR 18 (c)(i).

## **9. Start/Finish**

9.1. The starting line will be between an Orange Flag on the Race Committee Start Boat and an Orange Flag on the Pin Boat.

9.2. The finish line in a W4 or W6 course will be between a Green Flag on the Race Committee Start Boat and an Orange Ball. The finish line in a W3 or W5 configuration will be between a Race Committee boat displaying a Green Flag and a nearby Orange Ball.

9.3. If a boat is delaying the finish of a race, or the rotation, the Race Committee may score the boat in its current position.

9.4. Starts will not be delayed due to capsized boats.

## **10. Recalls**

10.1. The Race Committee will attempt to hail the boat(s) sail number(s) for Individual Recalls. Failure to hear a hail is insufficient cause for granting redress.

10.2. The "I" flag may be used at any time. The "I" flag will be displayed during an "I" flag start following a General Recall.

10.3. Multiple horns/whistles and the hail of the words "General Recall" will signal a General Recall. The "first substitute" flag may be displayed to help with general recalls.

## **11. Protests**

11.1. Protest forms are available at the Notice Board in the Sailing Center.

11.2. Written protests, including requests for redress and breakdowns, must be filed with the Organizing Authority or MAISA/ICSA Representative within 30 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.

11.3. Protests may be heard during interruptions in racing or at the end of the race day as determined by the judges.

## **12. Coaching**

12.1. Coaching will be permitted between races, provided that all coaches have equal access and that the rotation is not delayed.

## **13. MAISA/ICSA Rep**

13.1. The MAISA/ICSA Rep for the regatta will be the ODU Coach.

## **14. Safety**

14.1. All coaches, competitors, and alternates must wear USCG approved PFD's when afloat.

14.2. A boat requesting assistance from support boats should signal by waving hands overhead.

14.3. A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat may be scored in position.

14.4. A boat that retires is asked to notify the Race Committee either before leaving the course area or immediately upon arriving ashore.

### **15. Minimum/Maximum Wind Strength**

15.1. Races should not be started unless the Race Committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is in excess of an average of three knots (3.45 mph) for a reasonable period before the start as measured using instrumentation and while not moving over the bottom or anchored.

15.2. If the wind speed is less than three knots (3.45 mph) in the starting area at any time during the last minute prior to the start signal, the start should be abandoned.

15.3. Per SUNY Maritime Policy, if the average wind speed is in excess of twenty-five knots (28.77 mph) for a reasonable period before the start as measured using instrumentation and while not moving over the bottom or anchored, racing should be postponed ashore. If there are recorded wind gusts above thirty-five knots (40.28 mph) in the racing area, racing should be postponed ashore.