



Friis Trophy Team Race
March 23-24, 2024
Roger Williams University
SAILING INSTRUCTIONS



1. **Rules:** The regatta will be governed by the current Racing Rules of Sailing as modified by the ICSA Procedural Rules, College Dinghy Class Rules, NEISA Rules and Regulations and these Sailing Instructions. RRS Appendix D shall be used.
 - a. PR 25 is changed to: RRS Appendix D shall be used for team racing regattas, deleting the red flag requirement in RRS 61.1(a). RRS D1.2(c) and D5.2 are changed by replacing the phrase “a red flag” with “a raised open hand.”
 - b. RRS D2.2(a) is changed to “She shall hail ‘Protest’ and conspicuously display a raised open hand at the first reasonable opportunity for each.”
 - c. RRS D4.3(c) is changed to: Results from previous Round Robins shall carry forward.
 - d. RRS D4.3(b) is changed to: if Round Robin #1 is terminated when fewer than 80% of its scheduled races have been completed, its race results shall not be included. If any subsequent round robin is terminated before 100% of its scheduled races have been completed, its race results shall not be included, but shall be used to break ties between teams in the group who all sailed each other in the terminated round robin or as a re-sail or as races in a new round robin.
2. **Notice to Competitors:** Official Notices will be posted on Techscore. Announcements will be added to the white board on the north wall in the boat storage area.
3. **Changes to the Sailing Instructions:** Any change to the sailing instructions will be announced orally and posted before the first race in which they are to take effect.
4. **Schedule of Races:**

Saturday, March 23, 2024	Sunday, March 24, 2024
10:30 a.m. – Report Time	9:30 a.m. – Report Time
10:35 a.m. – Competitor’s Meeting	10:15 – First Race Warning
11:15 a.m. – First Race Warning	
5. **Format:**

The format will be determined by the regatta chair depending on time and conditions. The following possible formats are listed in order of preference:

 - a. A 10 team round robin, potentially followed by subsequent seeded rounds of 4, 5, 6 or 8.
 - b. An alternate format determined by the regatta chair.
6. **Boats:** Flying Juniors and possibly 420 will be supplied. The standing rigging shall not be adjusted.
 - a. Mainsheet may be rigged with a 3:1 or 4:1 purchase.
 - b. The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
 - c. Competitors shall report any damage or loss of equipment, however slight, to the Race Committee on the water. The penalty for infringing this instruction, unless the Protest Committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
 - d. Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Protest Committee may, but is not required to, grant redress for the failure of the main halyard masthead knot.
7. **Racing Area:** Racing will be held on Mt. Hope Bay.
8. **Courses:** Will be Digital N course.
9. **Marks:** The marks will be orange or white balls. The starting line will be between a staff displaying a flag on the committee boat at the starboard end of the line and an orange or white ball at the port end of the line. The finish line will be between two orange balls, or between a staff displaying a flag on the committee boat at the starboard end of the line and an orange or white ball at the port end of the line.
10. **Starts:** Races will be started in accordance with RRS Appendix U3 – Audible-Signal Racing System.
11. **Individual Recalls:** Individual Recalls will be signaled in accordance with ICSA Procedural Rule 18.

12. **Protests:** A protesting boat shall notify both the finish boat and the protested boat in accordance with PR 29. Protest forms must be filled out in accordance with RRS 61.2 and given to the PRO. The time limit for filling out protest forms will be 30 minutes after the last boat hits the dock at any major break. However, the jury may apply ICSA Procedural Rule Appendix G at any hearing.

13. **Scoring:**

- a. RRS D3 and D4 shall be used, as modified by ICSA Procedural Rule 25.
- b. Breakdowns will be scored in accordance with RRS D.5 and PR 25.
- c. When a boat suffers a breakdown in the racing area, she must hail an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing.

14. **Coaching:** PR 19 will apply.