



**2024 Sailpack Oriental Regatta  
April 20-21, 2024  
North Carolina State University  
SAILING INSTRUCTIONS**

**1. RULES**

- 1.1. The regatta will be governed by the Racing Rules of Sailing (RRS) 2021-2024, the prescriptions of US SAILING, the Procedural and Class Rules for Intercollegiate Sailing Competition (updated 8/24/24) (PCR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions (SI).
- 1.2. The Organizing Authority (OA) is the Intercollegiate Sailing Association in conjunction with NC State Sailing.
- 1.3. PCR 22 (b)(i) is modified on lines 6 and 7 to read "In any boat rotation format, no team shall sail the same boat for more than three consecutive races".

**2. NOTICES TO COMPETITORS**

- 2.1. Notices will be posted on the white board on the lower floor of Bow to Stern Boating Center.

**3. CHANGES IN SAILING INSTRUCTIONS**

- 3.1. Any changes in the sailing instructions will be announced orally and posted as soon as practicable.

**4. SCHEDULE OF EVENTS**

**Saturday, April 20**

- 0900 Report Time
- 0930 Skippers Meeting
- 1015 First Warning
- 1600 No starting signal after

**Sunday, April 21**

- 0930 Report Time
- 0940 Skippers Meeting
- 1030 First Warning
- 1500 No starting signal after

**5. FORMAT**

- 5.1. The regatta will be sailed in 2 separate divisions, A and B.
- 5.2. Race committee will attempt to complete a full round robin (where a round robin is a number of races, for each division, equal to the number of teams).

**6. BOATS & EQUIPMENT**

- 6.1. Collegiate Dinghy FJ's will be provided for competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. Competitors shall report any damage or loss of equipment, however slight, to a member of the Race Committee on the water or immediately after arriving ashore.
- 6.4. The penalty for infringing instruction SI 6.1 or SI 6.2 will be disqualification from all races sailed in contravention of those instructions.

**7. ROTATION**

- 7.1. The rotation of boats will be posted in Techscore.

7.2. Sailors will be rotated and/or substituted by ferry of a rib from Lou Mac Park.

7.3. Boats will be rotated after 3 races.

#### **8. THE COURSE**

8.1. The courses will be announced orally at the beginning of each race. Course descriptions will be given in the skippers meeting and posted on the notice board.

8.2. The race area will be described in the skippers meeting.

#### **9. START/FINISH**

9.1. Races will be started in accordance with PCR 18(b)(i).

9.2. The start line will be between an orange flag on the Race Committee and the course side edge of the start mark. The finish line will be between an orange flag on the Race Committee and the course side edge of the finish mark. The finish line will be on the opposite side of the Race Committee that the start line is on. The start mark and the finish mark will be described in the skippers meeting.

#### **10. RECALLS**

10.1. Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii).

10.2. A general recall will be used in accordance to PCR 18(b)(iii). After a general recall, the Round-an-End Rule, RRS 30.1, shall apply and no signal need be given. (Changes RRS 30.1).

#### **11. PROTESTS**

11.1. Protests shall be filed in accordance with the ICSA Procedural Rules.

11.2. Written protests, including requests for redress and breakdowns, shall be filed with the organizing authority within 30 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred (Modifies PCR 30).

11.3. Protest forms shall be available at the notice board.

#### **12. SAFETY**

12.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

12.2. Starts will not be delayed to accommodate capsized boats.

#### **13. COACHING**

13.1. PCR 19 will apply.

#### **14. ICSA REPRESENTATIVE**

14.1 The ICSA representative shall be designated at the regatta.

#### **Regatta chair contact info:**

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