



Stony Brook Cup

Site Address: Port Jefferson Yacht Club. 1 Pass Way, Port Jefferson, NY 11777
March 25-26, 2023

1. **Rules:** The regatta will be governed by the Racing Rules of Sailing 2021-2024, the ICSCA Procedural Rules and these sailing instructions.
2. **Notice to Competitors:** Official Notices will be posted on Techscore
3. **Changes to the Sailing Instructions:** Any changes to the sailing instructions will be posted on Techscore.
4. **Schedule:**
Saturday: Report Time: 0900 Competitors Meeting: 0915 First Warning Signal: 1000
Sunday: First Warning Signal: 1000 No starting signal after: 1500
5. **Boats:** FJ's as supplied. The standing rigging shall not be adjusted.
6. **Rotation:** 10 races in each division are planned. Rotations will be from the beach as the docks will not be in yet. You will be required to get in the water for launching and rotations, so please prepare accordingly. Schedule for boat rotation is posted on Techscore.
7. **Racing Area:** The racing area will be Port Jefferson Harbor ****No competitors shall enter the Ferry Channel at any point unless directed by the race committee. This will be strictly enforced and non adherence to this rule may result in disqualification**.**
8. **Courses:** The courses will be discussed at the Competitors meeting and will be designated by oral instructions from the Race Committee.
9. **Marks:** Turning marks will be a mixture of red and white buoys. Specifics will be announced at the Competitors Meeting
10. **Starts:** Races will use standard 3 minute Dinghy Starts

11. **The Finish:** If a boat is delaying the competition of a race, the RC may score the last boat equal to last place.

12. **Protest:** Shall be in accordance with Procedural Rule 30.

13. **Capsizes:** A capsized boat may be righted and sailed on by its crew at any time. If the safety of the crew or boat is in jeopardy, or if the progress of the regatta is affected, the RC may require that assistance be accepted and the competitors retire from the race.

14. **Coaching:** Will be from shore.

15. **Disclaimer:** Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.