



## SAISA Spring Women's Open Sailing Instructions

### 1 RULES

**1.1** This regatta will be governed by *The Racing Rules of Sailing* (2021-2024), and the ICSA Procedural Rules, except as any of these are modified by these Sailing Instructions.

### 2 NOTICES TO COMPETITORS

**2.1** Prior to start time, notices to competitors will be posted on the official regatta notice board on Techscore.

**2.2** After start time, notices to competitors will be announced on shore.

**2.3** Any changes in the Sailing Instructions will be announced orally and posted before the first race in which they are to take effect.

### 3 BOATS AND EQUIPMENT

**3.1** FJs will be provided for all competitors.

**3.2** The standing rigging shall not be adjusted.

**3.3** The penalty for infringing instruction 3.1 or 3.2 will be disqualification from all races sailed in contravention of those instructions.

**3.4** Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Boat on the water or racing authorities on shore.

**3.5** Boats will be identified by their sail number.

### 4 REGATTA FORMAT

**4.1** The intended format for the regatta will be a two-division rotating between three-race sets

**4.2** Rotations will be posted online on Techscore.

### 5 THE COURSE AND MARKS

**5.1** Course will be a standard W-4 or W-3.

**5.3** The course for each race will be announced orally before the start.

**5.3** Rounding marks will be green/orange-colored buoys.

**5.4** Start/finish marks will be between the start/finish boat and a yellow buoy.

### 6 STARTS AND FINISHES

**6.1** Races will be started in accordance with ICSA PR 18(b)(i).

**6.2** The starting line will be between a flag on the Race Committee boat and a yellow buoy indicating the port end of the line.

**6.3** Starts will not be delayed to accommodate capsized boats.

**6.4** The Finish line will be between a flag on the Race Committee boat and a yellow buoy indicating the port end of the line.

**6.5** If a boat is delaying the finish of a race, the Race Committee may end the race and score the boat in its current position.

## **7 RECALLS**

**7.1** Individual recalls will be signaled in accordance with ICSA PR 18(b)(ii). The Race Committee will attempt to hail the boat's sail number; however, it is each boat's responsibility to make a proper start and failure to hear a hail is insufficient cause for granting redress.

**7.2** General recalls will be signaled in accordance with ICSA PR 18(b)(iii).

## **8 CHANGE OF THE COURSE AFTER THE START**

To change the next leg of the course, the Race Committee will move the original mark (or finishing line) to a new position provided no boat is on the leg that it terminates in accordance with PR

18(c)(i). No signal shall be made for such change.

## **9 PROTESTS AND REQUESTS FOR REDRESS**

**9.1** Every attempt should be made to exonerate rule infringements on the water.

**9.2** Protests must be signaled on the water immediately by hailing "Protest" and the sail number of the boat being protested. Any protest must be registered with Race Committee upon finishing the race.

**9.3** Protests should be submitted within 30 minutes of the completion of the last race of the regatta.

## **10 COACHING**

**10.1** ICSA PR 19 shall apply.

**10.2** All coaching will be performed from shore between rotations.

## **11 SAFETY**

**11.1** All competitors must wear USCG approved PFD's when afloat.

**11.2** Competitors who require assistance from rescue boats should so signify by waving arms overhead.

**11.1** A boat that retires from a race shall notify the Race Committee as soon as possible.

**11.3** A capsized boat may be righted and sailed by its crew unless, in the sole judgement of the Race

Committee, safety or progress of the regatta would be affected, in which case the crew shall accept

assistance and the boat will be scored "DNF".