



2023 SAILPACK ORIENTAL INTERCOLLEGIATE REGATTA

Oriental, North Carolina

April 22-23, 2022

SAILING INSTRUCTIONS

1. Rules –
 - 1.1 The Regatta will be governed by the rules as defined in The Racing Rules of Sailing for 2021- 2024 (RRS), the prescriptions of US Sailing, the Intercollegiate Sailing Association (ICSA) Procedural Rules (PR), the Notice of Race (NOR) and these Sailing Instructions (SI's).
 - 1.2 The Organizing Authority (OA) is the Intercollegiate Sailing Association in conjunction with NC State Sailing
 - 1.3 ICSA PR 32 will be in effect.
 - 1.4 US Sailing Prescriptions to RRS 60, 63.2 and 63.4 will not apply.
 - 1.5 All entrants must meet ICSA eligibility requirements and must currently be actively enrolled in the club or varsity sports program at their respective institutions.
2. Notices – Notices to competitors will be posted on the dry erase board at Bow to Stern Boating Center, Oriental, NC. It is the responsibility of each sailor to check the notice board for information. Posted instructions may be superseded by verbal instructions from the Race Committee.
3. Boats - The event will consist of two divisions sailed in a fleet of 18 FJs.
4. Format – The event will be sailed over the course of two days in a two-division format and the race committee will attempt to complete one round robin rotation (the number of races, for each division, is equal to the number of teams. Three races in each division a regatta. No races will start after 4:30pm Saturday, or after 2:00pm Sunday.
5. Rotations - Boats will be rotated after three races. Rotations will be distributed at the skippers meeting and posted on the notice board, as well as online Techscore.
6. Schedule – A competitor's meeting will be held at 0915 Saturday. Racing will begin as soon as possible after the competitor's meeting. Races will be conducted as expeditiously as possible with due consideration for unavoidable delays. The race committee may commence the starting sequence prior to the arrival of any team(s) taking an inordinate amount of time arriving in the starting area.
7. Race Area - The Race Area will be described at the competitors meeting. The race will be held on the Neuse River



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8. Course - The Course will be announced at the beginning of each race. Course descriptions will be given at the competitors' meeting and posted on the notice board.
9. Marks - All rounding marks will be identified and described at the skippers meeting.
 - 9.1 The starting line will be between a staff on the signal boat and a pin marker buoy.
 - 9.2 The finishing line will be between either a staff on the finish boat and a marker buoy, or two marker buoys depending on course chosen.
 - 9.3 These marks may change and any such changes will be clearly communicated at the skippers meeting.
10. Starting Signals - The 3-minute system as described in PR 18(b)(i) will be used.
 - 10.1 When Code Flag I is displayed prior to the warning signal, the "I Flag Rule" (Rule 30.1) is in effect.
11. Recalls
 - 11.1 Individual Recalls will be signaled by the display of Code Flag X, without an accompanying sound signal. Individual boat numbers will be hailed if possible. Code Flag X will remain hoisted until all boats have started properly, or for a period of no less than 2 minutes.

General Recalls will be used in accordance with PR 18(b)(iii) and signaled by multiple sounds and the hail of "general recall".
12. Changing the Course - After the starting signal, the Race Committee may change one or more marks of the course provided no competitor is on that leg.
13. Safety - Each competitor shall wear a U.S. Coast Guard approved PFD while on the water.
14. Protests - Protests shall be filed in accordance with the RRS and the ICSA Procedural Rules. Written protests must be filed before returning to the water after a break in sailing. If the protest is for a race in the last set, it must be filed within 15 minutes after returning to the dock.
15. Breakdown - Breakdowns must be filed in accordance with the ICSA Procedural Rules. The Race Committee must be notified as soon as possible after the race or after the breakdown occurs, whichever is appropriate.
16. Other Rules
 - 16.1 No boat or crew shall touch coach boats or spectator boats unless they are changing crews or are in need of assistance for a breakdown or other emergencies.
 - 16.2 The Race Committee may commence the starting sequence prior to the arrival of any team(s) taking an inordinate amount of time making crew substitutions.
17. Questions: Contact Dana Magliola at 919.946.5445 or damaglio@ncsu.edu, Isa du Plessis iduples@ncsu.edu or Olivia Sowa oasowa@ncsu.edu.



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- 18 Race courses which may be used include the below, however RC may inform racers on site of any course changes or course layouts which are not represented below. Marks or buoys may be substituted for pins, gates, and others.

