



WWU SAILING TEAM  
RAINIER CUP  
APRIL 15-16, 2023  
CGRA  
CASCADE LOCKS, OR



## **SAILING INSTRUCTIONS + COURSE DIAGRAM**

### **RULES**

This regatta shall be governed by the current (2021-2024) Racing Rules of Sailing (RRS), ICSA Procedural Rules (PR), ICSA Collegiate Dinghy Class Rules, the PCCSC Standing Rules, and the Notice of Race, except as modified by these Sailing Instructions.

### **NOTICES TO COMPETITORS**

Notices will be posted on the official regatta notice board located on the CGRA office.

### **CHANGES IN SAILING INSTRUCTIONS**

Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

### **SCHEDULE**

April 15, 2023

0900 Suggested Report Time  
1000 Competitors Meeting  
1030 First Warning

April 16, 2023

0900 Suggested Report Time  
1000 First Warning  
1500 No Start Signal After

### **BOATS & EQUIPMENT**

FJs shall be used. Competitors shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

The standing rigging shall not be adjusted during a race.

Competitors shall report any damage or loss of equipment, however slight, to the host team immediately after arriving ashore or to the Race Committee on the water.

### **ROTATION**

The rotation of boats will be in accordance with the provided rotation sheet on Techscore.

### **THE COURSE**

The courses will be announced orally and taken from the course diagrams on the official regatta notice board.

Rounding marks will be round orange fender type buoys, except that the windward mark (1) shall be an inflatable yellow tetrahedron.  
See bottom of SIs for course diagram.

### **START/FINISH**

Races will be started in accordance with PR 18(b)(i).

The start line will be between a staff displaying a flag on the Race Committee Start Boat, and an orange buoy.

The finish line will be between a staff displaying a flag on the Race Committee Finish Boat and a white buoy.

### **PROTESTS**

Protests shall be filed in accordance with the ICSA Procedural Rules with the following change. "Race Committee" in PR 29(b) is changed to "Race Committee Finish Boat."

Written protests, including requests for redress and breakdowns, shall be filed with the scorer within 30 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.

Protest forms will be available at the CGRA office or the host team's tent.

Video, data and/or photographs taken from any source shall not be used as evidence at protest hearings. This changes RRS 63.6.

### **SAFETY**

Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

### **COACHING**

PR 19 will apply.

Coaching shall be allowed from the beach and bleachers at Cascade Locks.

### **RIGHTS TO USE NAME AND LIKENESS**

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

## RAINIER CUP 2023 COURSE DIAGRAM

**COURSE 0: START-1/1A(port)- 2G - Finish (Upwind)**

COURSE 1: START-1/1A(port)- 2G - 1/1A (port)- Finish (Downwind)

COURSE 2: START-1/1A(port)- 2G - 1/1A (port)- 2G - Finish (Upwind)

NOT TO SCALE

