



# 2023 Navy Spring Women's Fleet Race

## US Naval Academy – 18-19 March

### Sailing Instructions



#### 1. **RULES**

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2021-2024, the prescriptions of US SAILING, the Procedural Rules for Intercollegiate Sailing Competition 2021-2024 (PCR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions (SI).

#### 2. **NOTICES TO COMPETITORS**

- 2.1 Notices to competitors, including boat rotations, will be posted on the official regatta notice board on techscore.

#### 3. **CHANGES IN SAILING INSTRUCTIONS**

- 3.1 Any changes in the sailing instructions will be announced orally by the Race Committee and, when possible, posted before the first race in which they are to take effect.

#### 4. **BOATS AND EQUIPMENT**

- 4.1 Z420's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.
- 4.2 The standing rigging shall not be adjusted.
- 4.3 Mainsheets on the Z420's may be rigged with a 3:1 or 4:1 purchase.
- 4.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these instructions.
- 4.5 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 4.6 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.
- 4.7 Breakdown requests shall follow the procedure in SI 12.2.

#### 5. **FORMAT**

- 5.1 The regatta format will be a single round robin.

#### 6. **ROTATION**

- 6.1 The rotation of boats will be in accordance with the provided rotation sheet available on Techscore.
- 6.2 Boat rotations shall happen in the basin unless otherwise directed.
- 6.3 The penalty for not following the rotation procedure shall be disqualification from the most recent race completed, this is not protestable by competitors.

#### 7. **SCHEDULE OF EVENTS**

Saturday	0900	Report Time
	0920	Competitors' Meeting
	0930	Harbor Start
Sunday	0900	Report Time
	0920	Harbor start
	1500	No Starting Signal After

#### 8. **RACING AREA**

- 8.1 The Racing Area will be announced at the Competitors Meeting.

#### 9. **THE COURSE**

- 9.1 The courses will be announced orally and taken from the course diagrams on the official regatta notice board.
- 9.2 Rounding marks will be orange balls.

**10. START/FINISH**

- 10.1 The starting line will be between an orange staff on the Race Committee Start Boat and an orange staff on the Pin Boat.
- 10.2 The finish line in a W4 course will be the same as the starting line. The finish line in a W3 or W5 configuration will be between a Race Committee boat displaying an orange staff and a nearby yellow ball.
- 10.3 If a boat is delaying the finish of a race, or the rotation, the Race Committee may score the boat in its current position.

**11. RECALLS**

- 11.1 Individual recalls will be signaled in accordance with PCR 18(b)(ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.
- 11.2 After an individual recall, code flag X will be displayed until all boats that were on the course side have restarted, but no later than 1 minute after the start. This changes RRS 29.1.
- 11.3 Multiple sounds and the hail of the words "general recall" will signal a general recall. Code flag "First Substitute" may also be displayed.

**12. PROTESTS**

- 12.1 Written protests, including requests for redress and breakdowns, must be filed with the scorer located in the lobby of the Robert Crown Center on the staircase within 30 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.
- 12.2 Video, data and/or photographs taken from any source shall not be used as evidence at protest hearings. This changes RRS 63.6.

**13. COACHING**

- 13.1 All coaching is to be done from the pier and seawall at the Robert Crown Sailing Center.
- 13.2 No boats, or sailors while in a boat, are allowed to make physical contact with the seawall, or persons on the seawall.
- 13.3 Failure to comply with SI 13.2 will result in a disqualification from the most recent race in time. This is not protestable by competitors.

**14. SAFETY**

- 14.1 A boat requesting assistance from support boats should signal by waving hands overhead.
- 14.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.' This changes RRS A5.
- 14.3 Starts may not be delayed to accommodate capsized boats.
- 14.4 A boat that retires shall notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.