

Laker Showdown

Hosted by Grand Valley State University, Hope College

April 1-2, 2023

Macatawa Bay Yacht Club

2157 S Shore Dr., Macatawa, MI 49434



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta shall be governed by the current Racing Rules of Sailing (RRS), ICSCA Procedural Rules (PR), ICSCA Collegiate Dinghy Class Rules, and the Notice of Race, except as modified by these Sailing Instructions.

2. NOTICE TO COMPETITORS

- 2.1. Notices will be posted on the Notice Board on Techscore and the Official Notice Board within the MBJA sailing building.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be posted or announced orally before the first race in which they are to take effect.

4. Saturday, April 1, 2023

0900 Competitors' Meeting and Roll Call

1000 First Warning Signal

Sunday, April 2, 2023

1000 First Warning Signal

1300 No Starting Signal After

5. FORMAT

- 5.1. The format will be a single round robin two division regatta.

6. BOATS AND EQUIPMENT

- 6.1. Boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. 420 mainsheets may be rigged with a 3:1 or 4:1 purchase.
- 6.4. The penalty for infringing the above instructions shall be disqualification from all races sailed in contravention of these sailing instructions.
- 6.5. Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 6.6. Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may grant redress for the failure of the main halyard masthead knot.

7. ROTATION OF BOATS

- 7.1. The rotation of boats will be in accordance with the provided rotation sheet on the official notice board and on Tech Score.
- 7.2. The rotation of boats will occur at docks designated on the day of racing, dependent on wind direction.

8. THE COURSE

- 8.1. The courses will be W3s, W4s, or W5s and will be announced orally and located on the course diagram(s) (see Addendum 1).
- 8.2. Rounding marks will be orange and yellow tetrahedrons. Orange, blue, or green balls may also be used as marks.
- 8.3. Any mark of the course may be moved in accordance with PR 18 (c)(i).
- 8.4. If one of the downwind gate marks is lost or removed, competitors shall round the remaining mark to port.

9. START/FINISH

- 9.1. Races will be started in accordance with PR 18(b).
- 9.2. Code flags "A" and "B" may be used to signal each division's start.
- 9.4. The start line will be between an orange flag on the Race Committee Boat and a mark on the port end of the line.
- 9.5. The finish line for downwind finishes (W4) will be between an orange staff on the Race Committee boat and a nearby mark. For upwind finishes (W3 and W5), the finish line will be between an orange staff on the Race Committee boat and the windward mark.
- 9.6. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.
- 9.7. Starts may not be delayed due to capsized boats. This decision is at the discretion of the Race Committee.

10. RECALLS

- 10.1. Individual Recalls will be signaled in accordance with PR 18(b)(ii). The Race Committee will attempt to hail the boat(s) sail number(s). Failure to hear a hail is insufficient cause for granting redress.
- 10.2. Multiple horns/whistles and the hail of the words "General Recall" will signal a General Recall. Following a general recall, the warning for any subsequent start may be initiated at any time (Changes RRS 29.2). After a general recall, RRS 30.1 (I Flag Rule), shall apply

to subsequent starts of the corresponding race and no signal need be given (changes RRS 30.1)

- 10.3. The “first substitute” flag may be displayed to help with general recalls.

11. PROTESTS AND PENALTIES

- 11.1. Protest shall be filed in accordance with the ICSA Procedural Rules except that “Race Committee” in PR 29(b) is changed to “Race Committee Finish Boat.”
- 11.2. PR 30 is in effect. Protests shall be filed within 30 minutes of coming ashore after the race in which the incident occurred.
- 11.3. Protest forms will be available in the MBJA sailing center building and shall be filed with the Race Committee that is present.
- 11.4. Video, data and/or photographs taken from any source shall not be presented by the competitors as evidence at protest hearings. This changes RRS 63.6.
- 11.5. Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.
- 11.6. All student-athletes shall register annually with ICSA prior to competing.
- 11.7. A college team representative shall enter completely on the Record of Participation Form the names and class years of all skippers and crews who competed, as well as the races in which they competed. A team failing to properly complete the Record of Participation Form before the expiration of protest time at the end of the regatta, shall be rescored according to PR 33(a) for fleet racing and PR 33(b) for team or match racing. (See also PR 23, PR 24 and PR Appendix D - ICSA FORMS).

12. JUDGING

- 12.1. Coaches of uninterested parties to a protest may need to serve as part of the regatta protest committee.

13. COACHING

- 13.1. In accordance with PR 19.

- 13.2. Coaching shall be from an Organizing Authority (OA) provided coach boat, or from the shores or docks of the regatta site.

14. SAFETY

- 14.1 Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 14.2. All coaches, competitors, and alternates must wear USCG approved PFDs when afloat.
- 14.3. A capsized boat may be righted and sailed by its crew unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance and the boat will be scored "DNF".
- 14.4. A boat that retires is asked to notify the Race Committee either before leaving the course area or immediately upon arriving ashore.
- 14.5. Team Uniforms - All student-athletes competing in ICSA regattas shall wear a uniform designating their college. The uniform shall be a lightweight jersey, bib, or pinnie worn over the lifejacket, or like-colored lifejackets. To designate the college, any combination of the college's name, nickname, mascot, or other identifying image shall be present on the back of the uniform and, except for an individual's name or number, shall be the same for all team members competing. ICSA recommends that the image used to designate the college be at least 8" X 8" in size.

15. MINIMUM WIND STRENGTH

- 15.1. Races should not be started unless the Race Committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is in excess of an average of three knots (3.45 mph) for a reasonable period of time before the start as measured using instrumentation and while not moving over the bottom or anchored.
- 15.2. If the wind speed is less than three knots (3.45 mph) in the starting area at any time during the last minute prior to the start signal, the start should be abandoned.

16. RIGHTS TO USE NAME AND LIKENESS

- 16.1. By participating in this event, competitors automatically grant to the OA and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

17. CAMERAS, ELECTRONIC EQUIPMENT, DRONES, AND U.A.V.s

- 17.1. Boats may be required to carry cameras and/or sound equipment as specified by the OA.
- 17.2. Individuals and their teams are permitted to use personal video/film/camera or sound recording equipment on their boats, however, the video and audio obtained by their personal cameras may not be used during a protest hearing. Video/film/camera equipment includes, but is not limited to, GoPro and other action cameras, U.A.V.s, and Drones.

ADDENDUM 1

Windward / Leeward Courses

W3:

**Start-1-2-(3s or 3p)
-upwind finish**

W4:

**Start-1-2-(3s or 3p)
-1-2-downwind finish**

W5:

**Start-1-2-(3s or 3p)
-1-2-(3s or 3p)-upwind finish**

