



2023 Jeff Simon Memorial Regatta

Sailing Instructions

1. Rules

The regatta will be governed by the ICSA Procedural Rules, the Racing Rules of Sailing, the prescriptions of US SAILING (US Sailing prescriptions to rules 60, 63.2, 63.4 are deleted); the rules of the CFJ Class or PCCSC regarding Collegiate FJ's (except as any of these are altered by the Sailing Instructions, or the ICSA Procedural Rules); the Notice of Race, and these Sailing Instructions (SI) including their Appendices. In case of conflict, the SI and any amendments and Appendices will prevail.

2. NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board (Techscore Website for Each Fleet) or made orally to all competitors on the water.

3. CHANGES IN THE SAILING INSTRUCTIONS

Changes to the Sailing Instructions will be posted before 1030 on the day they will take effect, except any changes to the schedule of races will be posted by 1800 on the day before they will take effect.

4. SCHEDULE

Saturday, 28 JAN

0900	Report time, registration
1000	Competitors' Meeting
1100	1st warning, racing to continue throughout the day

Sunday, 29 JAN

0930	Report time
1100	1st warning, racing to continue throughout the day
1500	No start after this time
After Racing	Awards and Drawing for Charity Raffle in honor of Jeff Simon

5. RACING AREA

Both the women's and open fleets will compete on the waters of Mission Bay east of the Mission Bay Yacht Club clubhouse.

6. COURSE

The course is shown in Appendix A.

7. MARKS

The starting pin shall be an orange flag. The course marks shall be orange buoys, unless specified otherwise by the race committee. The finish pin shall be a white buoy.

8. START/FINISH

8.1 Races will be started in accordance with RRS Rule Appendix S as modified by the ICSA Procedural Rules.

8.2 The start line will be between a staff displaying an orange/red flag or shape on a race committee boat and an inflatable mark or orange flag. The finish line will be between a staff displaying a flag or shape on a race committee boat and an inflatable buoy. The start and finish line will be sighted from the course side of all marks.

8.3 The women's and open fleet shall have separate starts. The signal boat will verbally announce which fleet is starting at which time.

9. RECALLS

9.1 Individual recalls will be signaled in accordance with ICSA Procedural Rules. The race committee will attempt to hail a yacht's sail number; however, it is the responsibility of each yacht to make a proper start. Failure to be hailed or hear a hail is, in itself, insufficient cause for granting redress.

9.2 General recalls will be signaled in accordance with ICSA Procedural Rules (multiple whistles and no visual signal, and the '1 minute rule' shall be in effect after any general recall.)

10. RETIREMENT

A yacht that retires from a race shall notify a race committee boat before leaving the racing area. If that is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

11. ALTERNATIVE PENALTIES

The one-turn and two-turns penalties described in RRS Rule 44.1 will apply.

12. PROTESTS

12.1 Protests shall be filed in writing within 15 minutes after the last boat reaches the beach for each rotation.

12.2 Protests that do not materially affect the standings of the affected parties are strongly discouraged.

12.3 Competitors are reminded that it is far more pleasant for all involved to exonerate themselves on the water using the Alternative Penalties described in SI 11 and RRS Rule 44.1 than to necessitate a protest hearing.

13. COACHING

13.1 For all fleets, coaching shall be done from the beach.

13.2 Any spectators on the water shall have no contact with any competitor except when rendering assistance under RRS Rule 1, or as instructed by the race committee.

14. PARTICIPATION

14.1 With the exception of RRS Rule 4, each school shall compete in all scheduled races. Any school breaking this rule, without permission from the race committee, is subject to severe disciplinary actions by the PCCSC.

14.2 Unless competing or serving on the race committee, no competitor shall be on the water.

15. BOAT LAUNCHING AND RETRIEVAL

15.1 Sailors will utilize the beach, west and east ramps to launch and retrieve their boats. The Women's fleet shall launch before the Open fleet.

15.2 Each ramp shall have a Ramp Marshall, who will direct traffic when launching and retrieving boats. Sailors shall listen to their instructions and attempt to expedite the launch and retrieval process at all times.

15.3 At least two sailors shall accompany each boat that is in the queue for the ramp and be prepared to move their boat at all times.

15.4 Rigging boats in the ramp queue, rinsing boats for an excessively long period of time or any other action that inhibits traffic flow or shows lack of basic consideration for others is strictly prohibited.

15.5 Women's teams shall launch before open teams. If open teams are in line, women's teams may "cut" them to expedite launching.

16. SCORING

The regatta shall be scored as a women's and open regatta.

17. FLEET RIBBONS

If a school wishes to race two sails with the same number, they may do so provided that one sail is in the Women's division and the other is in the Open division. Duplicate sails are *not* allowed within each division. Schools racing duplicate sails must display a red ribbon on their Women's division sail and a yellow ribbon on their Open division sail.

18. THANK YOU

Putting on a regatta takes a lot of work, and our Race Committee personnel are largely composed of alums and other volunteers. We would not be able to sail if they hadn't given up their weekends for this so please thank them if you have an opportunity to do so.

Appendix A: Course Diagrams



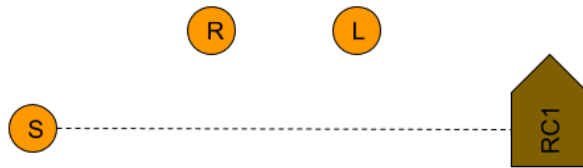
2

1

W3: RC1-S, 1, 2, R-L, RC2-F

W5: RC1-S, 1, 2, R-L, 1, 2, R-L, RC2-F

W13: RC1-S, 1, 2, R-L, 1, 2, R-L, 1, 2, R-L, 1, 2, R-L, 1, 2, R-L, RC2-F



2 1

W4: RC-S, 1, 2, R-L, 1, 2, L, RC-F

As is shown in the diagram, on the last downwind sailors must round the "L" gate to port before sailing to the "dog leg" finish

R L

Diagram not to scale

