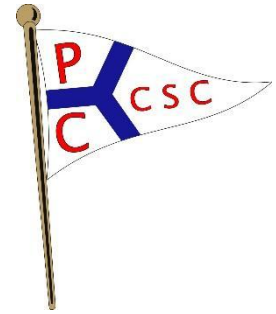




**WWU SAILING  
JEFF MIXDORF TEAM RACE  
MARCH 4th-5th, 2023  
LAKEWOOD WATERSPORTS FACILITY  
BELLINGHAM, WA 98225**



## **SAILING INSTRUCTIONS**

### **1. RULES**

- 1.1. This regatta will be governed by the current Racing Rules of Sailing, including Appendix D; the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2021-2024 (CDCR), and the PCCSC Standing Rules; except as any of these are modified by these sailing instructions.
- 1.2. All races will be umpired. RRS D2.6 (Limited Umpiring), as modified by the Procedural Rules, will be used.

### **2. NOTICES TO COMPETITORS**

- 2.1. Notices will be posted on the official regatta notice board located in the Bill McDonald Lounge.

### **3. CHANGES IN SAILING INSTRUCTIONS**

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

### **4. SCHEDULE OF EVENTS**

#### **Saturday, March, 4th, 2023**

1000 Report Time + Check In  
1030 Competitors' Meeting  
1100 First Start  
Racing to Follow

#### **Sunday, March 5th, 2023**

1000 Lakewood Opens for Rigging  
1100 First Start  
1530 No Start Signal After  
Awards immediately following racing

### **5. FORMAT**

- 5.1. The format for the regatta shall be a series of Round Robins as prescribed in the Conditions of the PCCSC Team Race Championship.

### **6. BOATS & EQUIPMENT**

- 6.1. Six FJs will be used for the round of 5 teams.
- 6.2. FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.3. The standing rigging shall not be adjusted during races.
- 6.4. The penalty for infringing instruction 6.3 or 6.4 will be disqualification from all races sailed in contravention of those instructions.
- 6.5. Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Finish Boat on the water.

### **7. ROTATION**

- 7.1. The rotation of boats will be in accordance with the provided rotation sheet available on Techscore.

### **8. MARKS**

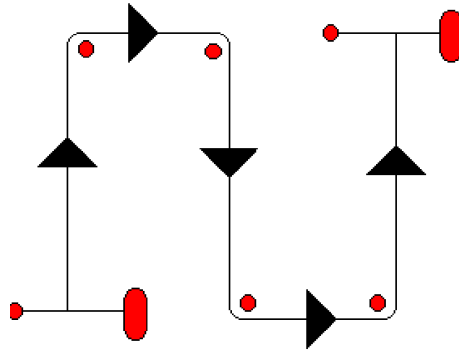
- 8.1. All rounding marks will be orange buoys.

8.2. The starting and finishing lines will be between a staff from which an orange or red flag is displayed and a nearby green or yellow buoy.

## 9. COURSE

9.1. The digital N course will be used.

9.2. The finish line is unrestricted in that it can be sailed through by boats on the third leg of the race (sailing downwind) without penalty



## 10. STARTING SYSTEM

10.1. Races will be started in accordance with PR 18(b)(i).

## 11. RECALLS

11.1. Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii).

11.2. A general recall will be used in accordance with PR 18(b)(iii), except that the "1 minute rule" (RRS 30.1) will not be used. (Changes PR 18(b)(iii)).

## 12. Signals by an Umpire

12.1. RRS D2.4 is changed to:

12.2. An umpire shall signal a decision with one long sound and the display of a flag as follows:

(a) For no penalty, a green flag

(b) To penalize one or more boats, a red flag. The umpire shall hail or signal to identify each boat penalized.

(c) To report the incident to the protest committee, a yellow flag.

## 13. PROTESTS

13.1. Written protests, including requests for redress and breakdowns, shall be filed with the scorer within 15 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.

13.2. Protest forms will be available next to the notice board in the Bill McDonald Lounge.

## 14. BREAKDOWNS

14.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.

## 15. SCORING

15.1. RRS D3 and D4 shall be used, as modified by PR 25.

15.2. Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.

## 16. SAFETY

16.1. Competitors who require assistance from rescue boats should signify so by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

**17. COACHING**

17.1. PR 19 will apply

**18. RIGHTS TO USE NAME AND LIKENESS**

18.1. By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.