

**2023 Harpswell Sound Team Race
March 25-26
SAILING INSTRUCTIONS**



BOWDOIN

1. RULES

This regatta will be governed by the Racing Rules of Sailing, including Appendix D, the prescriptions of US SAILING; the Procedural Rules and Class Rules for Intercollegiate Sailing Competition 2021-2024 (“Procedural Rules”), and the NEISA Rules and Regulations except as modified by these instructions. The races may be umpired and rule D2.6 will apply, as modified by the Procedural Rules. All questions or requests for interpretations of rules and procedures should be addressed in writing to Frank Pizzo (frank.pizzo@gmail.com).

2. NOTICES TO COMPETITORS

Notices will be posted on the Official Regatta Notice Board located inside the boathouse.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any changes in the Sailing Instructions will be announced orally and posted prior to the first race in which they will take effect.

4. SCHEDULE OF EVENTS

Saturday March 31

Report Time	10:30
Competitors’ Meeting	10:35
First Warning	11:10
No Starting Signal After	1800

Sunday April 1

Report Time	0930
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First Warning	1000
No Starting Signal after	1500

5. **FORMAT**

- 5.1 The goal will be to complete multiple round robins. All scores will carry over.
- 5.2 If the above format is not possible in the allotted time, the PRO will announce the best course of action.
- 5.3 No incomplete rounds will be scored. However, races from an incomplete round can be used to break ties.

6 **BOATS AND EQUIPMENT**

- 6.1 420s are provided by Bowdoin College. The standing rigging shall not be adjusted. The mainsheet purchase may be rigged either 3:1 or 4:1.
- 6.2 In addition to any other requirements set for in the rules, competitors shall report any damage or loss of equipment to the Race Committee, PRO or the Official Scorer immediately after the finish or arrival at the dock.
- 6.3 Breakdowns will be decided using the ICSA Procedural Rules. Breakdown consideration will not be given for loss of clevis pins and cotter rings, or failure of knots (except at the head of the mainsail, if it was determined there was no opportunity to check it).
- 6.4 Drysuits or wetsuits may be required for sailing.

7 **ROTATIONS**

Rotation of boats will be in accordance with the rotation sheet posted on the official Notice Board. Copies of the Preliminary Round Rotations will be available at the Competitors' Meeting.
Rotations will take place either at the Bowdoin docks or on the water depending on the instructions of the PRO.

8 **RACING AREA**

The racing area will be in Harpswell Sound.

9 **MARKS**

All marks will be orange or green marks. The starting mark will be white.

10 **COURSE**

- 10.1 The course will be a "Digital N" (see Appendix).
- 10.2 The starting will be between the course side of an orange staff and the course side of the nearby mark. The finish line will be between a Bowdoin flag and the course side of the nearby mark.

11 **STARTING SYSTEM**

Races will be started in accordance with ICSA Procedural Rules

12 **RECALLS**

Individual recalls will be signaled in accordance with PR 18(b)(ii).

13 **PROTESTS**

13.1 Protests may be initiated using RRS D2.2 and, whenever possible Appendix G of the PR.

14 **SAFETY**

Competitors who require assistance from a rescue boat should so signify by waving their arms over their head.

15 **COACHING**

PR 19 shall apply.

16 **ABANDONMENT**

After the starting signal, the race committee may abandon the races as appropriate for any reason directly affecting the safety or fairness of the competition. The competitors will be notified verbally from the race committee. This changes RRS 32.

APPENDIX

