



**Finger Lakes Women's
Team Racing
Cornell, Ithaca, NY
April 1-2, 2023**

SAILING INSTRUCTIONS

- 1 RULES**
1.1 This regatta will be governed by the current version of the Racing Rules of Sailing (2021-2024), including Appendix D, and the prescriptions of US SAILING; the Procedural Rules and Collegiate Dinghy Class Rules, except as any of these are modified by these sailing instructions.
1.2 RRS D2 will apply for all races.
1.3 RRS D4.3(b) is changed to "However, if a round robin is terminated, its race results shall not be included unless they are included as results in a round that replaces the terminated round, or shall be used to break ties between teams in the group who all sailed each other in the terminated round robin."
- 1.4 The event will be coach umpire
- 2 NOTICES TO COMPETITORS**
Notices will be posted on the official regatta notice board located on Techscore.
- 3 CHANGES IN SAILING INSTRUCTIONS**
Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.
- 4 SCHEDULE OF EVENTS**
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|--------------------------|------|
| Saturday | |
| Report Time | 0900 |
| Competitors Meeting | 0920 |
| First Race | 1000 |
| Sunday | |
| Report Time | 0900 |
| First Race | 0945 |
| No Starting Signal After | 1500 |
- 5 FORMAT**
The format will be determined by the regatta chair depending on time and conditions. The following are the possible formats listed in preferred order:
5.1 A triple round robin of all teams in attendance
5.2 A double round robin of all teams in attendance followed by a single round robin of the top 4 teams.
5.3 A double round robin of all teams in attendance.
5.4 A single round robin of all teams in attendance followed by single round robin of the top 4 teams.
5.5 A single round robin of all teams in attendance
- 6 BOATS & EQUIPMENT**
6.1 FJ's or 420's and will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
6.2 The standing rigging shall not be adjusted.
6.3 The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Finish Boat on the water.
6.5 Breakdowns will be decided using PR 20. Breakdown consideration will not be given for the failure of knots (except at the head of the main when it was determined there was not an opportunity to check it), or loss of cotter pins and rings.
- 7 RACING AREA**
The Racing Area will be in front of the boat house on Cayuga, Ithaca.
- 8 ROTATION**
Rotation will be in accordance with the posted rotation in techscore.
- 9 MARKS**
9.1 All rounding marks will be orange balls.
9.2 Start and finish marks will be yellow balls.
- 10 COURSES**
10.1 The Digital N Course shall be sailed
10.2 The starting and finishing lines will be between an orange staff and a ball.
- 11 STARTING SYSTEM**
The starting sequence may be rolling.
- 12 RECALLS**
12.1 A general recall will be signaled in accordance to PR 18(b)(iii), except that the "1 minute rule" (RRS 30.1) will not be used. (Changes PR 18(b)(iii))
- 13 PROTESTS**
13.1 Protests shall be initiated in accordance with RRS D2 as modified by PCR 25.
- 14 SCORING**
14.1 RRS D3 and D4 shall be used, as modified by PR 25.
14.2 Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.
- 15 SAFETY**
15.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
15.2 Starts will not be delayed to accommodate capsized boats
15.3 Drysuits will be required for all competitors if the air and water temperature are both below 50 degrees Fahrenheit.
- 16 COACHING**
PR 19 shall apply