



## **Admiral Moore Open Team Race**

United States Merchant Marine Academy  
25-26 March 2023

### **SAILING INSTRUCTIONS**

#### **1. Rules**

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2021-2024, the prescriptions of US SAILING (including Appendix D), the current Procedural Rules for Intercollegiate Sailing Competition (PR) (except as any of these are modified by these Sailing Instructions), and these Sailing Instructions.
- 1.2 RRS D2 will apply as modified by the Procedural Rules. All races will be umpired.
- 1.3 RRS D4.3(b) is changed to “However, if a round robin is terminated, its race results shall not be included unless they are included as results in a round that replaces the terminated round, but shall be used to break ties between teams in the group who all sailed each other in the terminated round robin.”

#### **2. Notices to Competitors**

Notices to Competitors will be posted electronically on the Tech Score Notice Board.

#### **3. Changes to the Sailing Instructions**

Any change to the sailing instructions will be announced orally and posted on the Notice Board before the first race they are to take effect.

#### **4. Boats and Equipment**

- 4.1. Z420s and FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.
- 4.2. The standing rigging shall not be adjusted.
- 4.3. Mainsheets may be rigged with a 3:1 or 4:1 purchase.
- 4.4. The penalty for infringing the above instructions shall be disqualification from all races sailed in contravention of these sailing instructions.
- 4.5. Competitors shall report any damage or loss of equipment, however slight, to the Race Committee Finish Boat on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 4.6. Breakdowns will be decided using PR 20. Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may grant redress for the failure of the main halyard masthead knot.

#### **5. Format**

- 5.1. The intended format is to be a double round robin, followed by subsequent rounds of 4, 5, or 6.
- 5.2. If this is not feasible due to wind conditions and/or time constraints, the host and ICSA rep will work to determine the best format for the remainder of the event.

**6. Rotation of Boats**

- 6.1. Rotations of boats will be in accordance with the provided rotation.

**7. Schedule of Events**

Saturday, March 25	0900	Report Time
	0915	Coaches' Meeting
	1000	First Warning
Sunday, March 26	0900	Coaches' Meeting
	0945	First Warning
	1500	No Starting Signal After

**8. Racing Area**

The racing area will be Western Long Island Sound, East of the Throgs Neck Bridge, including Little Neck and Eastchester Bays.

**9. Courses and Marks**

- 9.2. The course will be Digital-N team race courses. Rounding Marks will be red balls. Start/Finish pins will be yellow balls.

**10. Changes of course after the start**

- 10.1. Any Mark of the course may be moved in accordance with PR 18 (c)(i).

**11. Starting and Finishing**

- 11.1. Races will be started in accordance with PR 18(b).  
11.2. The starting and finishing line will be between a red flag on the race committee start or finish boats and a yellow mark on the port end of the line  
11.3. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.  
11.4. Starts will not be delayed due to capsized boats.

**12. Recalls**

- 12.1. Individual Recalls will be signaled in accordance with PR 18(b)(ii) except the maximum time Code Flag "X" will be displayed is 60 seconds. The Race Committee will attempt to hail the boat(s) sail number(s). Failure to hear a hail is insufficient cause for granting redress.

**13. Redress**

- 13.1 Request for redress shall be filed with the scorer within 15 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.  
13.2. Forms will be available at the Notice Board in the 2<sup>nd</sup> floor of the Yocum Sailing Center

**14. Breakdowns**

- 14.1 When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2. and PR 25.

**15. Coaching**

- 15.1. In accordance with PR 19.

**16. Safety**

- 16.1. All coaches, competitors, and alternates must wear USCG approved PFD's when afloat.  
16.2. A boat requesting assistance from support boats should signal by waving hands overhead.  
16.3. A capsized boat may be righted and sailed by its crew unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance and the boat will be scored "DNF".

16.4. A boat that retires is asked to notify the Race Committee either before leaving the course area or immediately upon arriving ashore.

**17. Minimum wind strength**

17.1. Races should not be started unless the Race Committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is in excess of an average of three knots (3.45 mph) for a reasonable period before the start as measured using instrumentation and while not moving over the bottom or anchored.

17.2. If the wind speed is less than three knots (3.45 mph) in the starting area at any time during the last minute prior to the start signal, the start should be abandoned.