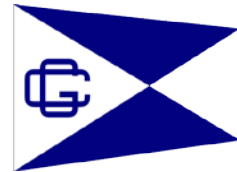


J70 Invite #1

U.S. Coast Guard Academy
New London, CT
March 18-19, 2023



INFORMATION FOR COACHES AND COMPETITORS

Welcome to the 2023 J70 Invite #1. Please read the following information, to supplement the already published Sailing Instructions. This is for your information only and will not take precedence over the previously mentioned official document.

Arrival/Parking

- All passengers travelling to the US Coast Guard Academy should have some form of legal ID to present to the guard at the front gate. They do not always ask for everyone's IDs. But if they do and you don't have it you will likely be turned around.
- The 15 mph speed limit is strictly enforced on campus.
- There is massive construction ongoing at the Academy Waterfront and the parking has been dramatically reduced along Eagle Drive. We are trying to clear out and reserve space near the Jacobs Rock causeway but teams might be forced to park further North or up the Hill. Teams should be prepared for a "commute" to your vehicle.

Jacobs Rock

- With the exception of the Silo, bathrooms and changing rooms, it is our intent to host this event entirely outside and on the water.
- ICSA Medical Guidance for Competition (attached and posted on tech score) will be strictly enforced.
- NO "OUTSIDE PERSONS" WILL BE ALLOWED INSIDE JACOBS ROCK's 2nd floor. Spectators may be on causeway, locker rooms, Silo and top deck. Please pass that word to family and friends.
- The bathrooms on the second floor of Jacobs Rock will be reserved for coaches and race officials only. Competitors are to use the bathrooms on the bottom floor ONLY.
- Competitors may not change under layers in public places. Use the locker rooms.

Racing

- The Sailing Instructions are posted online.
- Depending on conditions we will either rotate on the water with rib assistance or off of our outermost dock.
- Rotations will take place during regatta breaks and overnight.

Boat

- J70 Competitors
 - Jib socks, mainsail covers, fenders and dock lines will stay with boats, stored below.
 - All boats will be properly de-rigged and stored at the end of racing each day.
 - Jibs shall only be furled at a beam reach or below angle whether racing or in between races. Care of the jib furling system is paramount to prevent mishaps.
 - The backstay bridle shall not be adjusted but the backstay control line shall be used.

Coaching

- Coaches shall be provided coach boat(s), or are welcome to coach from Jacobs Rock.