Mendums Pond Invite Regatta University of New Hampshire





April 25, 2022

Sailing Instructions

1. RULES

1.1. This regatta will be governed by the rules as defined in the Racing Rules of Sailing 2021-2024(RRS), the ICSA Procedural Rules 2021-2024(PR), the NEISA Rules and Regulations except as any of these are modified by these Sailing Instructions. The organizing authority is the Intercollegiate Sailing Association of North America in conjunction with host UNH.

1.2 Any questions regarding these Sailing Instructions should be submitted in writing to Principal Race Officer Diana Weidenbacker (dianaw46@comcast.net).

2. NOTICES TO COMPETITORS

2.1. Notices to competitors will be posted on the official notice board located on the door to the boathouse.

3. CHANGES TO THE SAILING INSTRUCTIONS

3.1. Any Change to the Sailing Instructions will be announced orally and posted before the first race in which they take effect.

4. SCHEDULE of events

4.1. 9 races per Division are scheduled, of which three (3) races per Division shall be required to constitute a series as provided in the ICSA PR.

Sunday 930 Report Time

945 Competitors Meeting

Coaches meeting immediately after the

Competitors Meeting

1015 First Warning Signal

No Starting Signal after 1500

5. FORMAT

- 5.1. The regatta format will be a single round robin using provided FJ's.
- 5.2. Competitors will rotate boats after every three races.
- 5.3. All competitors are strongly encouraged to bail their boats any fully ease the boom vang before reaching the rotation dock on the point.
- 5.4. Teams should make an effort to rotate quickly and walk away to reduce congestion.

6. BOATS & EQUIPMENT

- 6.1. Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

- 6.4. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Boat on the water.
- 6.5. Please make certain to remove the centreboard bungee before lifting the boat out of the water at the end of use.
- 6.6. Please lift the boat into and out of the water taking care to avoid sliding the boat over the dock edge as the dock edges are beginning to tear. At the end of the day please secure the bowline loop to the jib halyard and pull on tension.

7. ROTATION

- 7.1. The rotation of boats will be in accordance with the provided rotation available on Techscore.
- 7.2. Competitors may only pull up boats on the dock during the rotation period with the permission of the race committee.
- 7.3. Rotations will take place off the plastic dock on the point.

8. COURSES and MARKS

- 8.1. All rounding marks will be yellow and orange buoys.
- 8.2. The starting mark will be the farther away orange buoy on the port side of the Race Committee boat.
- 8.3 Any Mark of the course may be moved in accordance with PR 18 (c)(i).
- 8.4. Course will either be W3, W4, W5.
- 8.5. The courses will be announced at the Competitors meeting and posted on the Notice Board.

9. STARTING AND FINISHING LINES; STARTING SYSTEM

- 9.1. Races will be started in accordance with PR 18(b)(i) with the exception that whistles may be used instead.
- 9.2. The starting line will be between the orange starting flag staff on the Race Committee Signal Boat and the water's edge (course side) of the starting mark.
- 9.3. The finishing line shall be between the orange buoy on the starting line and the orange flag staff on the Race Committee Signal Boat.

10. RECALLS

- 10.1. Individual recalls will be signaled in accordance with PR 18(b)(ii).
- 10.2. The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.
- 10.2. Multiple horns/whistles and the hail of the words "General Recall" will signal a general recall. No visual signal will be given. PR 18(b)(iii) shall also be in effect.
- 10.3. The "I" Flag may be displayed at any time, meaning the 1-minute rule is in effect.

11. PENALTIES AT THE TIME OF THE INCIDENT

11.1. APPENDIX T-1

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

11. PROTESTS

11.1 Protests shall comply with the ICSA Procedural Rules.

- 11.2. Protest forms are available on the table in front of the workbench in the boathouse. Protests shall be filed with the UNH sailor onshore within 10 minutes of reaching the shore, after a lunch break, postponement, or the last race of the day. This changes PR 30.
- 11.3. Video, data and/or photographs taken from any source may be presented as evidence at protest hearings.
- 11.3 Hearings will be held as soon as practical, with all participating school's coaches assisting using a 3-minute justice.

12. SAFETY

- 12.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.
- 12.2. Starts will not be delayed to accommodate capsized boats.
- 12.3. At the discretion of the Principal Race Officer, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board at any time during the competition. 12.4. The lake waters are still in the low 40s.

13. COACHING

- 13.1. A coach boat will be provided for coaches as well as a radio for communication purposes.
- 13.2. The coach boat is expected to assist with any rescues and render assistance should a competitor indicate.
- 13.3. No drones shall be used during the regatta unless the footage can be equally accessed simultaneously by all teams.

14. FACILITY

- 14.1. The UNH Sailing Centre does not have electricity nor running water. Competitors and coaches should bring their own.
- 14.2. There is a changing room for all competitors at the back left of the boathouse. Please make every effort to change in your vehicles.
- 14.3. There is a Porta Potti on the left of the road heading out of the parking lot.
- 14.4. Please make every effort to carpool and *consolidate the parking* as space is tight.

15. NEISA REPRESENTATIVE

15.1. The Race Committee shall appoint a Representative who shall assist in ensuring the quality and fairness of the competition. This representative shall act as a liaison between the teams in attendance and the Race Committee Chairman. The rep for this event is: (will be announced at competitors meeting on Sunday).